

SILKE HERMANN

PROFILE

I am an epidemiologist and nutrition scientist with extensive experience in cancer epidemiology and population- and registry-based research. I have experience coordinating epidemiological and clinical studies and translating scientific findings into publications, teaching materials, and health communication. I have a strong background in interdisciplinary project coordination, combined with international academic and professional experience. I'm a curious and open-minded person who enjoys connecting with people, building networks, and working collaboratively across disciplines.

PROFESSIONAL EXPERIENCE

Research Associate	02/2011 – Present
Epidemiological Cancer Registry Baden-Württemberg German Cancer Research Center (DKFZ) Heidelberg, Germany	
Contact Tracing Coordinator	09/2020 – 07/2021
COVID-19 Pandemic Public Health Department Mannheim, Germany	
Project Manager	01/2010 – 02/2011
Institute for Heart Attack Research Ludwigshafen, Germany	
Research Associate	02/2006 – 01/2010
German Cancer Research Center (DKFZ) Cancer Epidemiology Heidelberg, Germany	
Nutrition Scientist	
Unilever	
- Communications Department	08/2005 – 02/2006
- Research & Development Department	01/2003 – 04/2005
Vlaardingen, Netherlands	
Research Associate	06/2000 – 01/2003
German Cancer Research Center (DKFZ) Cancer Epidemiology Heidelberg, Germany	

TEACHING EXPERIENCE

Bachelor's Degree, Bio Science and Health	2024 – 2025
Rhine-Waal University of Applied Sciences Kleve, Germany	
Master's Degree, Nutritional Medicine	2010 – 2013
University of Hohenheim Stuttgart, Germany	
Bachelor's Degree, Oecotrophology	2007 – 2011
Hamburg University of Applied Sciences Hamburg, Germany	

ACADEMIC EDUCATION

Doctorate (Dr. rer. nat.)	1998 – 2000
Institute of Food Science, University of Hannover, Hannover, Germany	
Diploma in Oecotrophology (Nutrition and Home Economics)	1991 – 1996
Justus Liebig University Giessen, Giessen, Germany	
Psychology (Minor)	1991 – 1997
Justus Liebig University Giessen, Giessen, Germany	
Nutrition and Dietetics	1994 – 1995
Robert Gordon University, Aberdeen, Scotland	

SCHOOL EDUCATION

Secondary School for Nutritional Sciences	1986 – 1990
Mildred-Scheel-Schule, Böblingen, Germany	
German School New York	1976 – 1986
White Plains, New York, USA	

AREA OF EXPERTISE & KEY SKILLS

Epidemiology; Nutritional Science; Disease Prevention

Excellent communication and presentation skills

Strong organizational and coordination skills

Adaptability and intellectual curiosity

LANGUAGES

German: Native speaker

English: Advanced (C1)

Dutch: Intermediate (B1)

SELECTED PUBLICATIONS (SINCE 2020)

- Rohrmann, S., Hermann, S. (2025). Einfluss von Körpergewicht und Ernährung auf das Krebsrisiko. Forum. doi:10.1007/s12312-025-01489-z
- Claassen, K., Justenhoven, C., Hermann, S., et al. (2025). The Probability of Remaining Under Active Surveillance for Localized Prostate Cancer: An Analysis of Young Patients in the Framework of the Multicenter ProjuMa Registry Study. Dtsch Arztebl Int. doi:10.3238/arztebl.m2025.0081
- Neemann, F., Jansen, L., Hermann, S., et al. (2024). Comparing epidemiological and clinical data from RPS patients documented in a German cancer registry to a cohort from TARPSWG reference centres. J Cancer Res Clin Oncol, 150, 514.
- Jansen, L., Hermann, S., Bergbold, S., et al. (2024). Changes in breast cancer incidence and surgical treatment in Baden-Württemberg (Germany) during the COVID-19 pandemic. Sci Rep, 14, 24912.
- Frevert, M. L., Dannehl, D., Jansen, L., Hermann, S., Schäffler, H., Huwer, S., Janni, W., Juhasz-Böss, I., Hartkopf, A. D., & Taran, F.-A. (2024). Feasibility of targeted therapies in the adjuvant setting of early breast cancer in men: Real-world data from a population-based registry. Arch Gynecol Obstet, 309, 2811–2819.
- Schmidt, M. E., Goldschmidt, S., Hermann, S., & Steindorf, K. (2022). Late effects, long-term problems and unmet needs of cancer survivors. Int J Cancer, 151(8), 1280–1290.
- Schmidt, M. E., Bergbold, S., Hermann, S., & Steindorf, K. (2021). Knowledge, perceptions, and management of cancer-related fatigue: The patients' perspective. Support Care Cancer, 29(4), 2063–2071.
- Hermann, S., Jansen, L., Barnes, B., & Kraywinkel, K. (2020). Epidemiologie des Magenkarzinoms in Deutschland. Der Onkologe, 26, 887–897.
- Jansen, L., Hermann, S., Bergbold, S., Holleczeck, B., Heil, J., Kraywinkel, K., & Arndt, V. (2020). Überleben nach primär metastasiertem Brustkrebs. Der Onkologe, 26, 487–496.
- Rohrmann, S., Hermann, S. (2020). Onkologische Prävention – inwiefern ist die Ernährung entscheidend? Der Onkologe, 27, 100–107.
- Schmidt, M. E., Hermann, S., Arndt, V., & Steindorf, K. (2020). Prevalence and severity of long-term physical, emotional, and cognitive fatigue across 15 different cancer entities. Cancer Medicine, 9(21), 8053–8061.

BOOK CHAPTERS

- Hermann, S., Bergbold, S., Mons, U., & Arndt, V. (2021). Kapitel 2 – Prävention am Beispiel von Krebserkrankungen. In Alt-Epping, B., Fuxius, S., Wedding, U., et al. (Eds.), ELSEVIER ESSENTIALS Onkologie (2nd ed., pp. 13–23). Urban & Fischer. ISBN 978-3-437-21432-5.
- Trautwein, E. A., & Hermann, S. (2005). Kapitel 3 – Grundlagen der Ernährungsepidemiologie. In Müller, M. J. & Trautwein, E. A. (Eds.), [Book title to be added] (pp. 40–123). Verlag Eugen Ulmer. ISBN 3-8252-2667-0.