

Real-Time Patient-Specific CT Dose Estimation for Single- and Dual-Source CT using a Deep Convolutional Neural Network

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Motivation

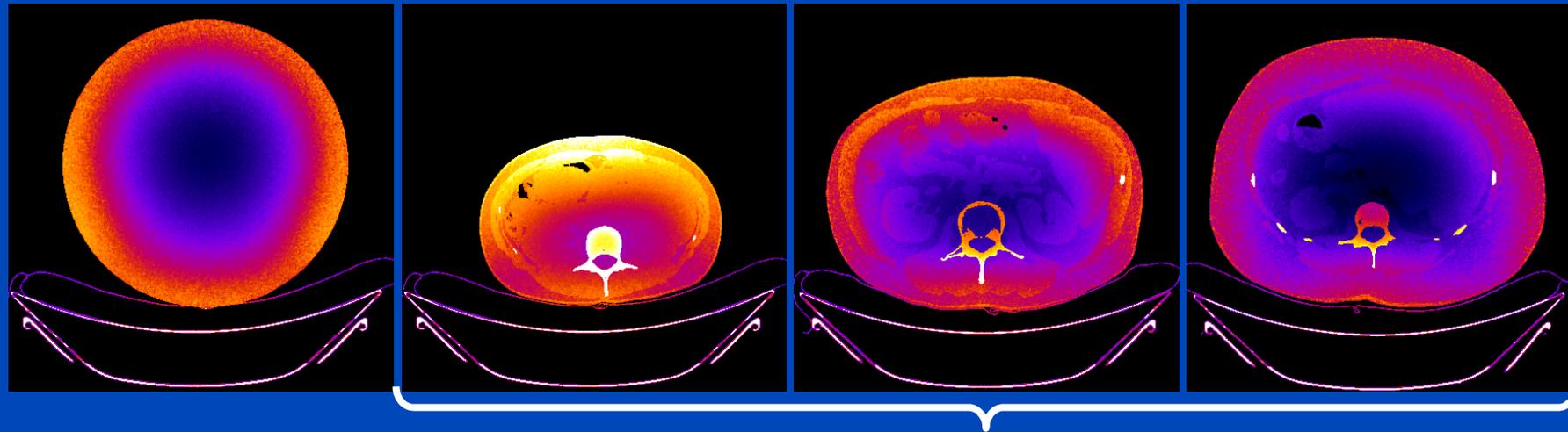
- The potential risk of ionizing radiation makes dose assessment an important issue in CT imaging.
- Limitation of common metrics (e.g. $CTDI_w$, $CTDI_{vol}$, DLP, k-factor, SSDE, ...) to provide information on organ or patient dose.

CTDI phantom

Small patient

Medium patient

Large patient

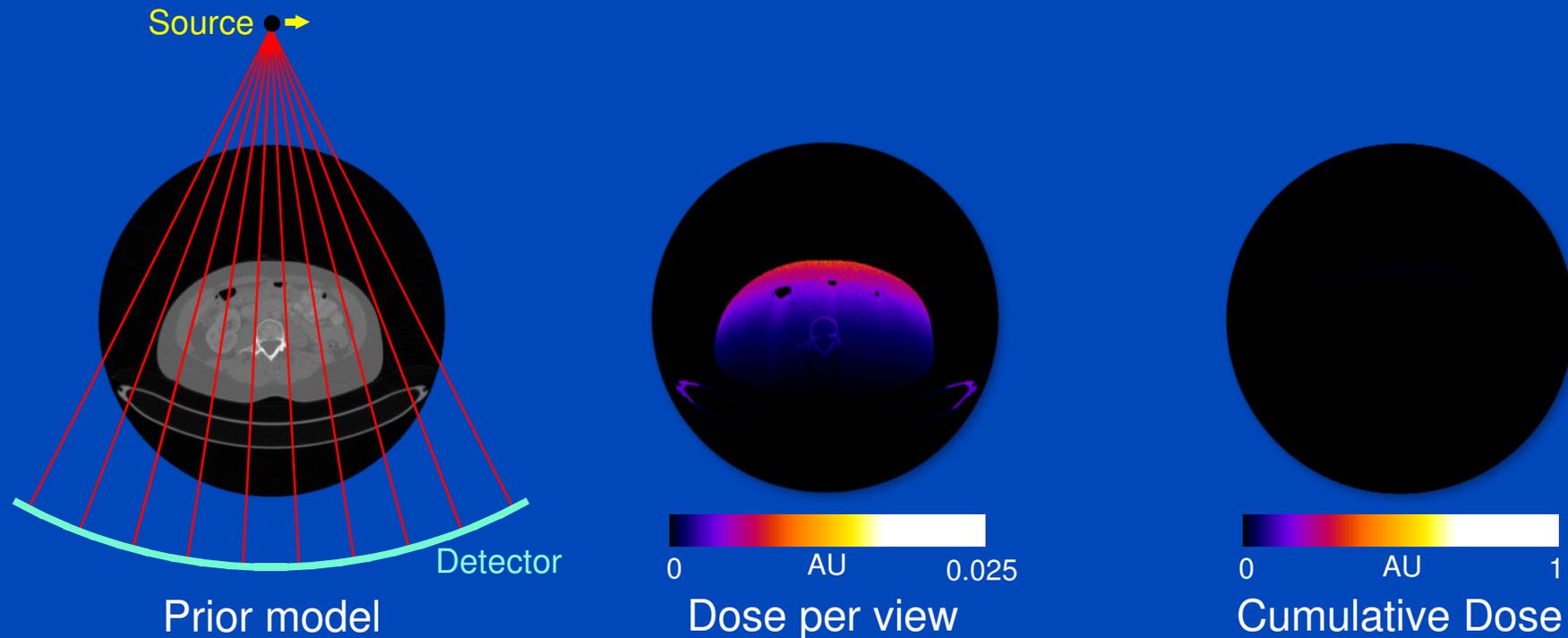


Same CTDI, but different dose distribution

Dose values in air voxels are set to zero (black) in this presentation.

Patient-Specific Dose Estimation

- Gold standard: Monte Carlo (MC) simulation of the CT acquisition^{1,2}.
- Accurate but computationally expensive



¹G. Jarry et al., "A Monte Carlo-based method to estimate radiation dose from spiral CT", Phys. Med. Biol. 48, 2003.

²W. Chen et al., "Fast on-site Monte Carlo tool for dose calculations in CT applications", Med. Phys. 39, 2012.

Patient-Specific Dose Estimation

- **Accurate solutions:**

- Monte Carlo (MC) simulation¹, **gold standard**, stochastic LBTE solver
- Analytic linear Boltzmann transport equation (LBTE) solver²

→ **Accurate but computationally expensive**

- **Fast alternatives:**

- Application of patient-specific conversion factors to the DLP³.
- Application of look-up tables using MC simulations of phantoms⁴.
- Analytic approximation of CT dose deposition⁵.

→ **Fast but less accurate**

¹G. Jarry et al., “A Monte Carlo-based method to estimate radiation dose from spiral CT”, Phys. Med. Biol. 48, 2003.

²A. Wang et al., “A fast, linear Boltzmann transport equation solver for computed tomography dose calculation (Acuros CTD)”. Med. Phys. 46(2), 2019.

³B. Moore et al., “Size-specific dose estimate (SSDE) provides a simple method to calculate organ dose for pediatric CT examinations”, Med. Phys. 41, 2014.

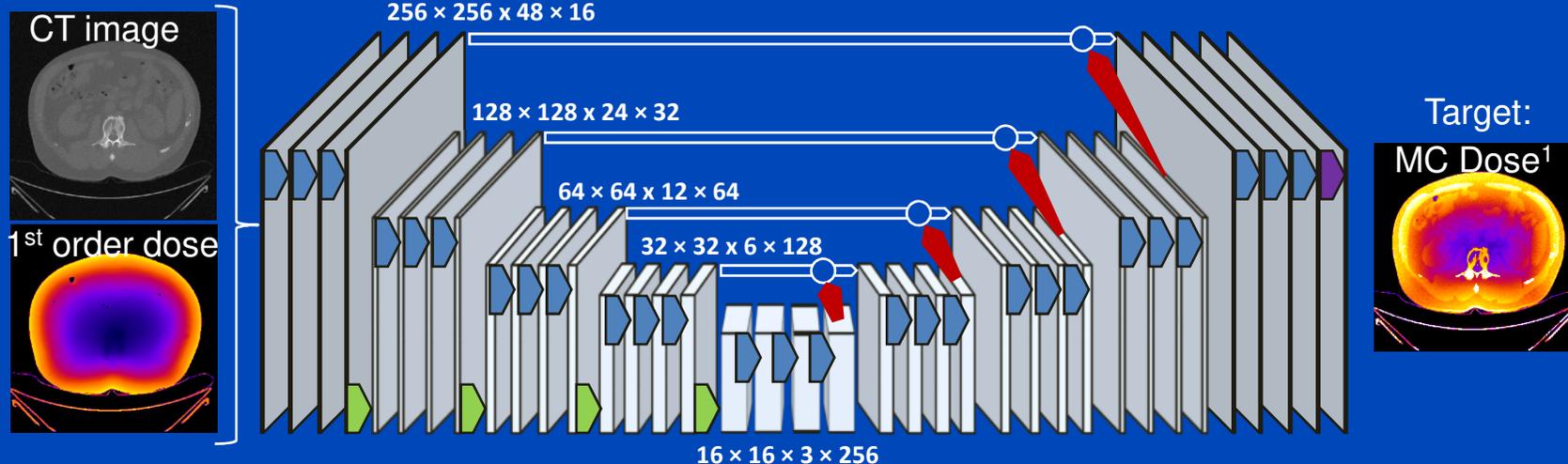
⁴A. Ding et al., “VirtualDose: a software for reporting organ doses from CT for adult and pediatric patients”, Phys. Med. Biol. 60, 2015.

⁵B. De Man, “Dose reconstruction for real-time patient-specific dose estimation in CT”, Med. Phys. 42, 2015.

Deep Dose Estimation (DDE)

- Combine fast and accurate CT dose estimation using a deep convolutional neural network.
- Train the network to reproduce MC dose estimates given the CT image and a first-order dose estimate.

2-channel input:



¹ M. Baer, M. Kachelrieß. Phys. Med. Biol. 57, 6849–6867, 2012.

First-Order Dose Estimate

- DDE network needs information about the tube current, the tube voltage, shaped filters etc., which is encoded in the first-order dose estimate.
- First order dose-estimate in a voxel with volume V and mass m at position r :

$$D_{1\text{st}}(\mathbf{r}) = \frac{V}{m} \int \frac{d^2 N}{d\Omega dE} \sum_{i=\text{PE, CS}} P_{\text{int},i}(\mathbf{r}, E) E_{\text{dep},i}(E) dE$$

Emission characteristic of the x-ray source (including shaped filters)

Interaction probability for photo effect ($i = \text{PE}$) and Compton scattering ($i = \text{CS}$)

Energy deposition by photo effect ($i = \text{PE}$) and Compton scattering ($i = \text{CS}$)

$$P_{\text{int, PE}}(\mathbf{r}, E) = \mu_{\text{PE}}(\mathbf{r}, E) \cdot e^{-\int_0^r \mu(r', E) dr'}$$

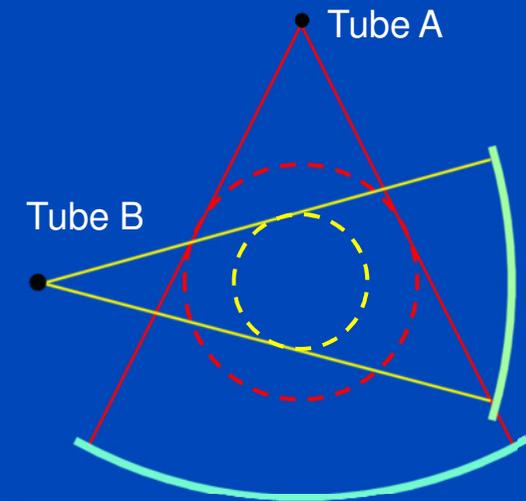
$$E_{\text{dep, PE}}(E) = E$$

$$P_{\text{int, CS}}(\mathbf{r}, E) = \mu_{\text{CS}}(\mathbf{r}, E) \cdot e^{-\int_0^r \mu(r', E) dr'}$$

$$E_{\text{dep, CS}}(E) = \int \frac{d\sigma}{d\Omega}(E) \Delta E_{\text{CS}}(\vartheta) d\Omega$$

Training and Validation

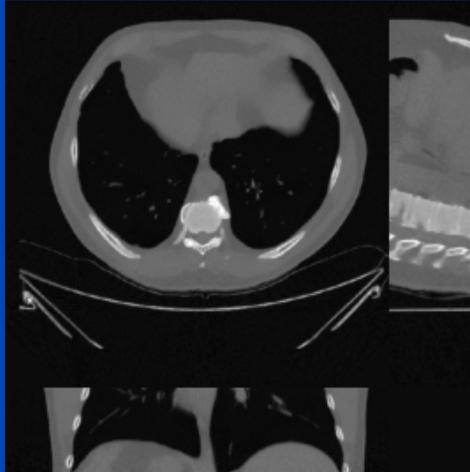
- Simulation of 1440 circular dual-source CT scans (64×0.6 mm, $FOM_A = 50$ cm, $FOM_B = 32$ cm) of thorax, abdomen, and pelvis using 12 different patients.
- Simulation with and without bowtie.
- No data augmentation
- Reconstruction on a $512 \times 512 \times 96$ grid with 1 mm voxel size, followed by $2 \times 2 \times 2$ binning for dose estimation.
- 9 patients were used for training and 3 for testing.
- DDE was trained for 300 epochs on an Nvidia Quadro P6000 GPU using a mean absolute error pixel-wise loss, the Adam optimizer, and a batch size of 4.
- The same weights and biases were used for all cases.



Results

Thorax, tube A, 120 kV, with bowtie

CT image



First order dose

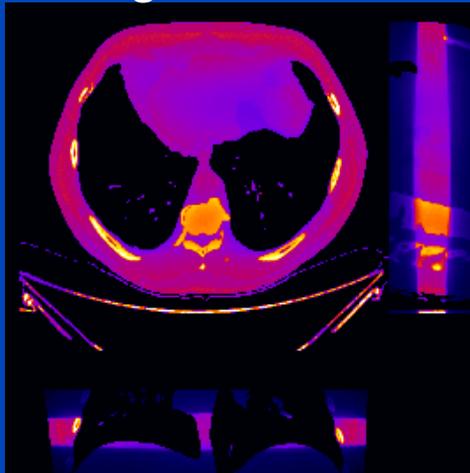


	MC	DDE
48 slices	1 h	0.25 s
whole body	20 h	5 s

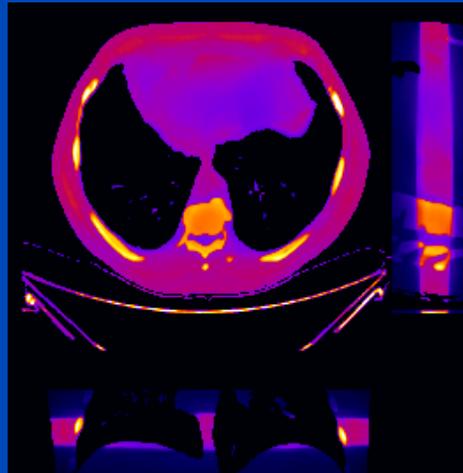
MC uses 16 CPU kernels
DDE uses one Nvidia Quadro P600 GPU

DDE training took 74 h for 300 epochs,
1440 samples, 48 slices per sample

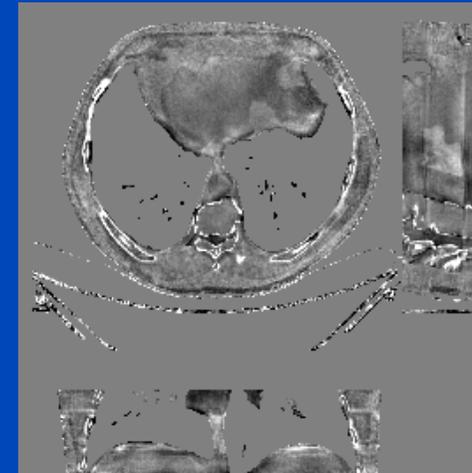
MC ground truth¹



DDE



Relative error



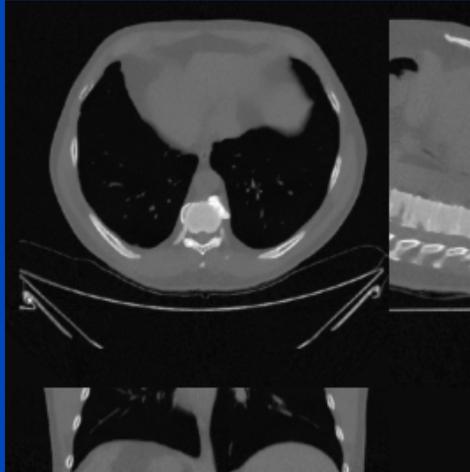
C = 0%
W = 40%

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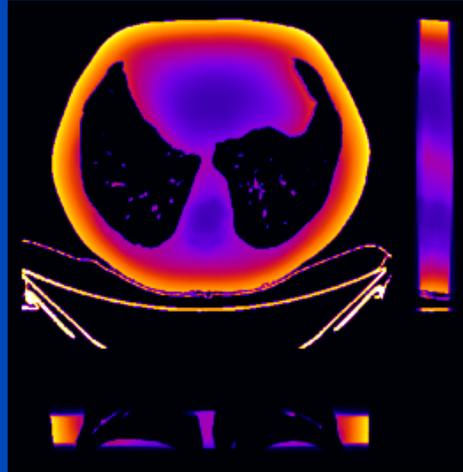
Results

Thorax, tube A, 120 kV, no bowtie

CT image



First order dose

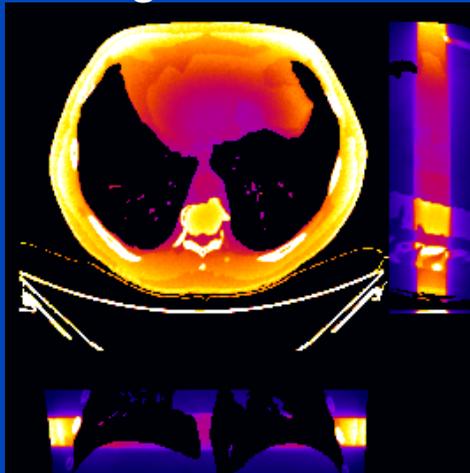


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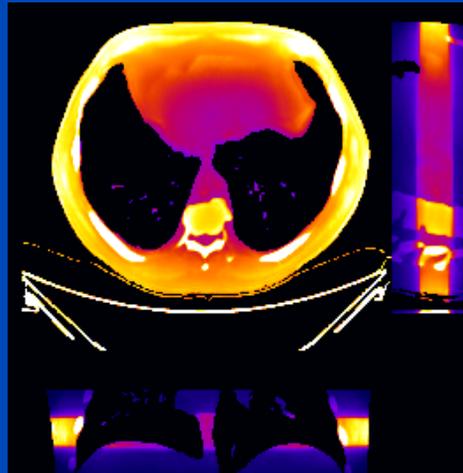
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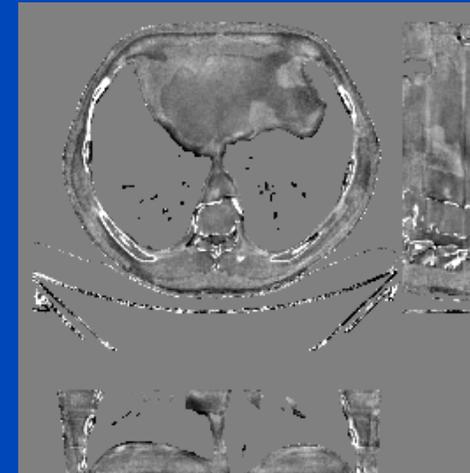
MC ground truth¹



DDE



Relative error



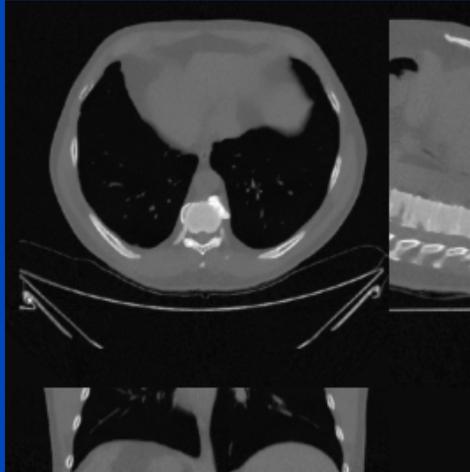
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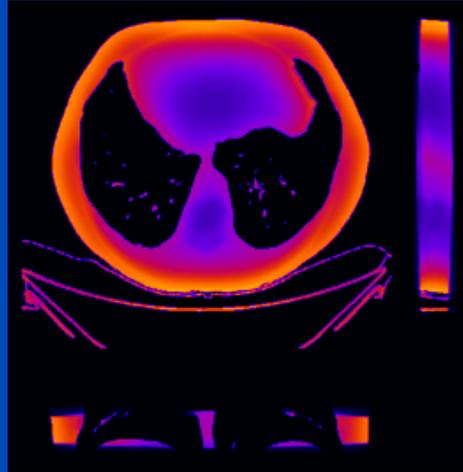
Results

Thorax, tube B, 120 kV, no bowtie

CT image



First order dose

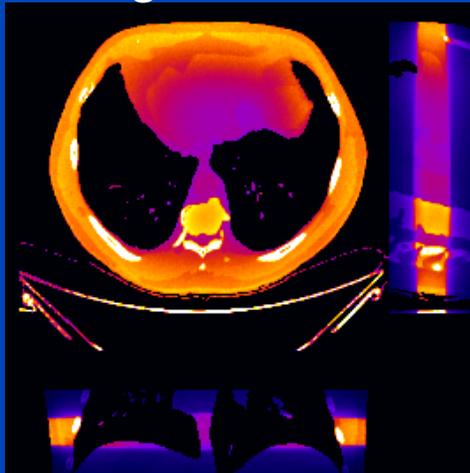


	MC	DDE
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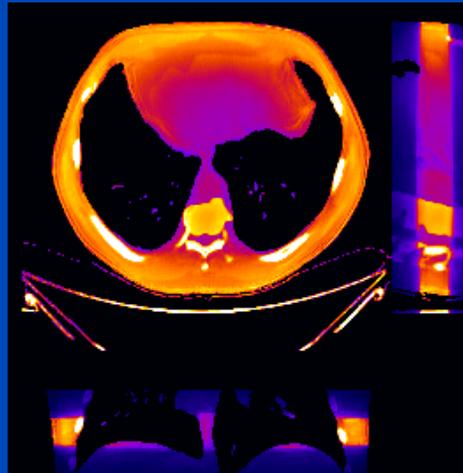
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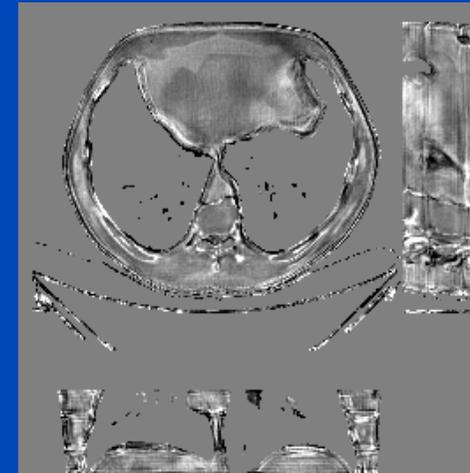
MC ground truth¹



DDE



Relative error



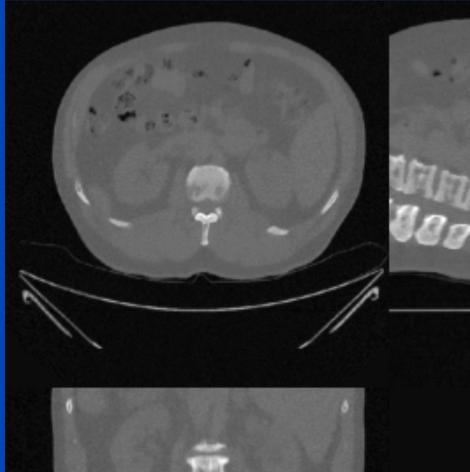
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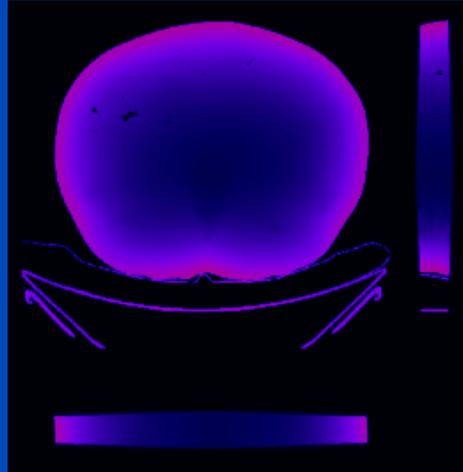
Results

Abdomen, tube A, 120 kV, with bowtie

CT image



First order dose

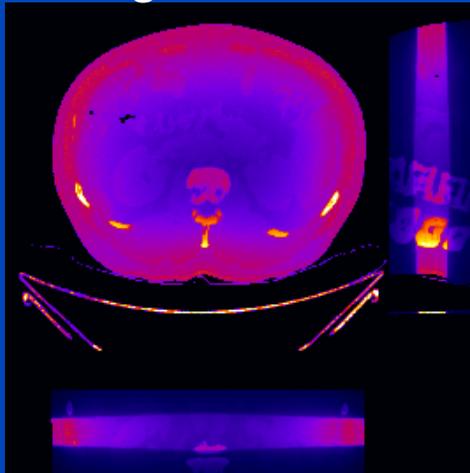


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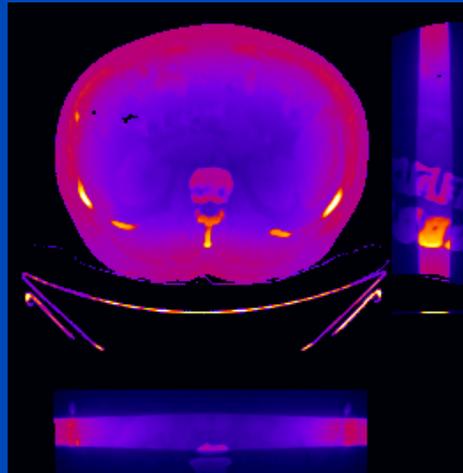
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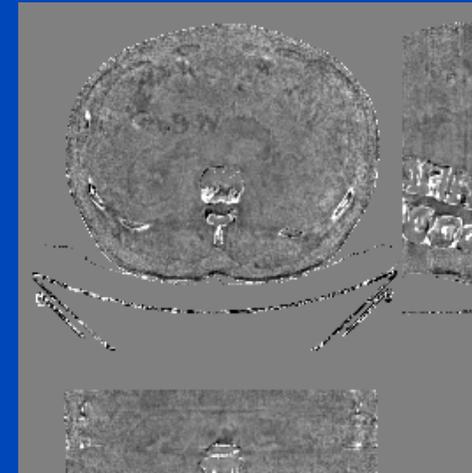
MC ground truth¹



DDE



Relative error



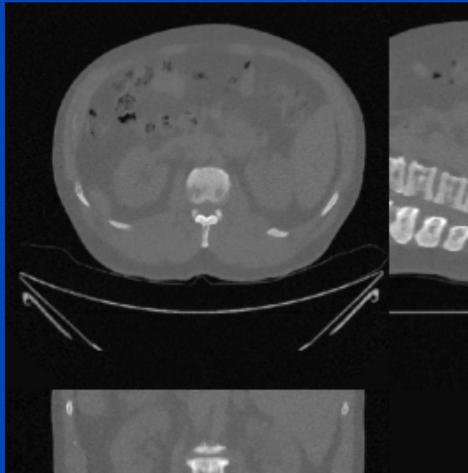
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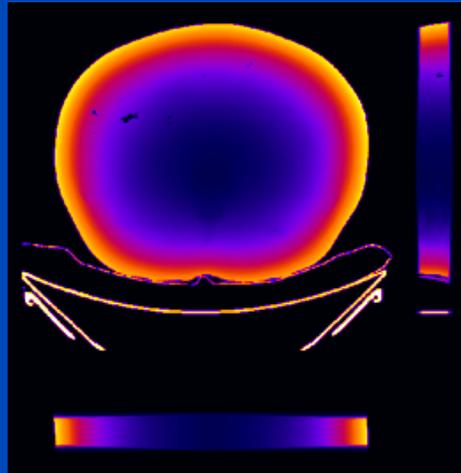
Results

Abdomen, tube A, 120 kV, no bowtie

CT image



First order dose

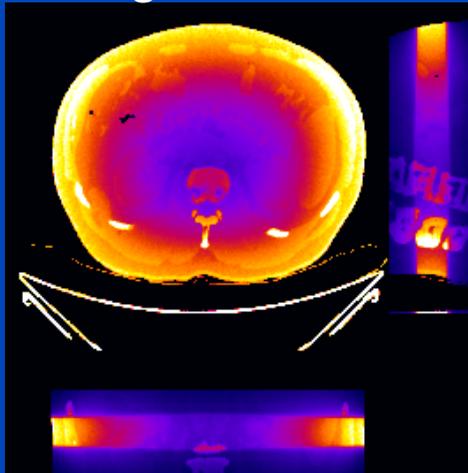


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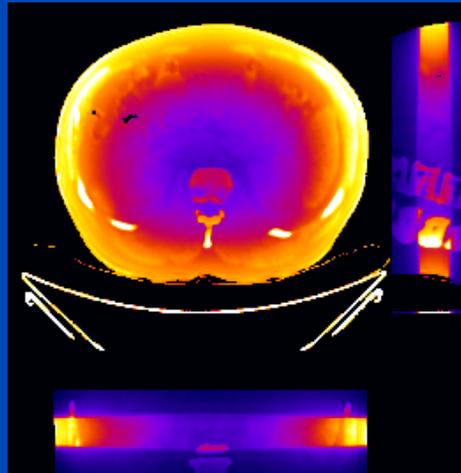
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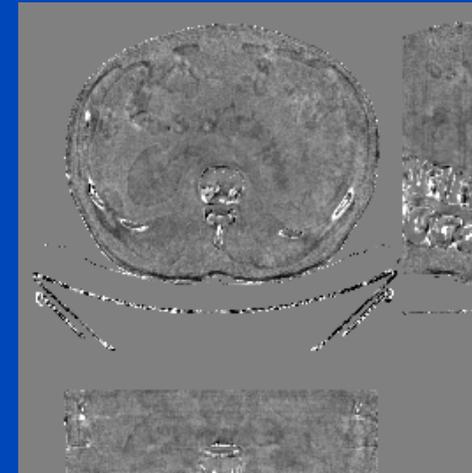
MC ground truth¹



DDE



Relative error



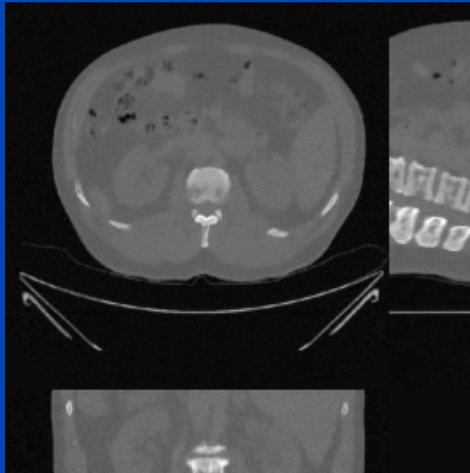
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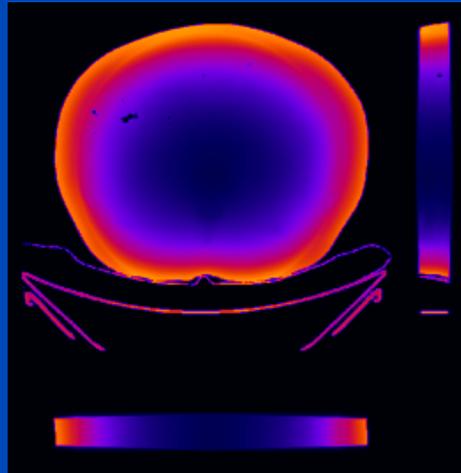
Results

Abdomen, tube B, 120 kV, no bowtie

CT image



First order dose

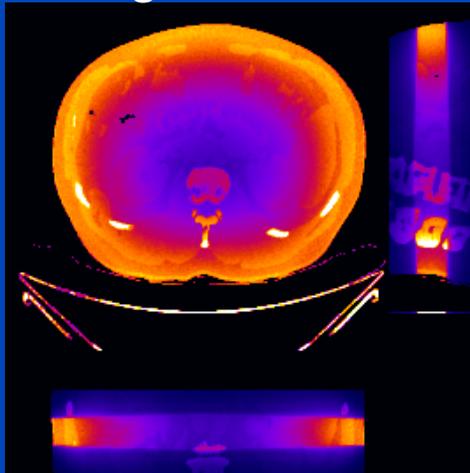


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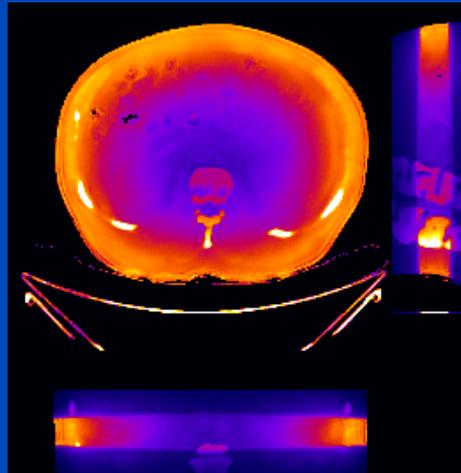
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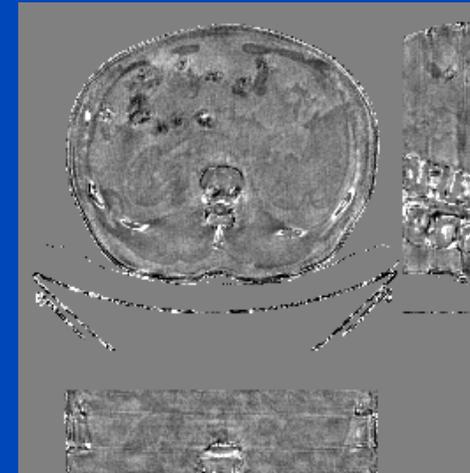
MC ground truth¹



DDE



Relative error



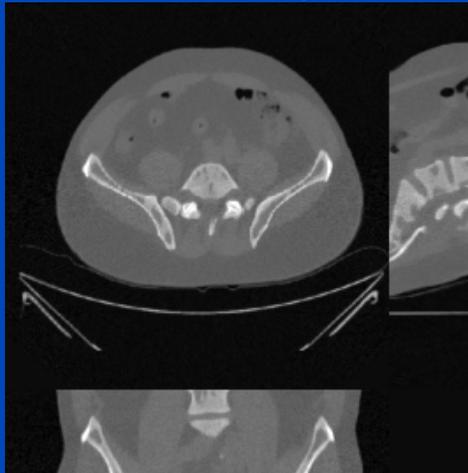
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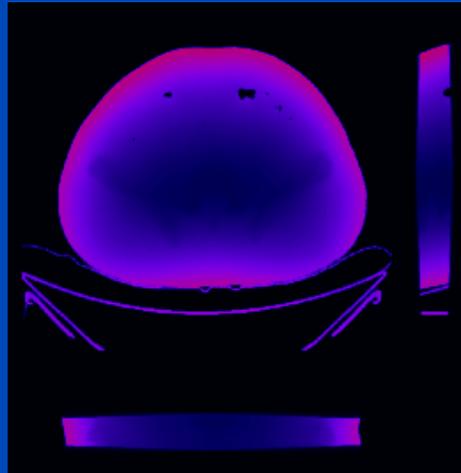
Results

Pelvis, tube A, 120 kV, with bowtie

CT image



First order dose

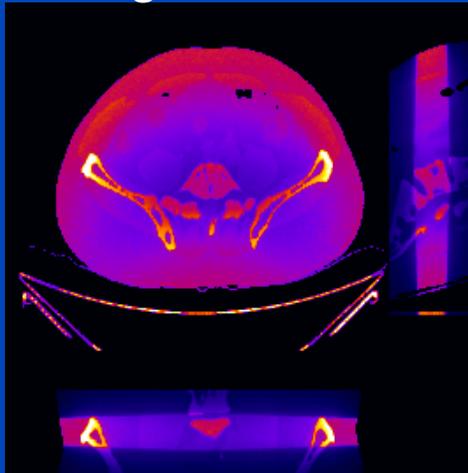


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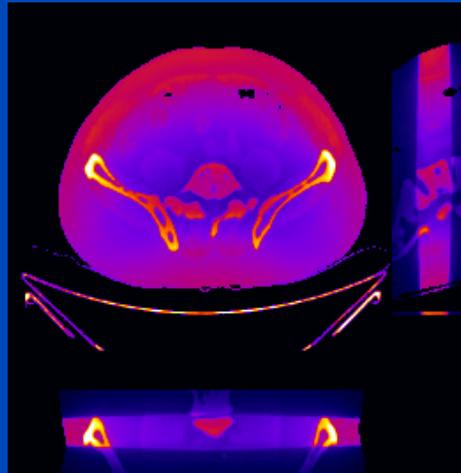
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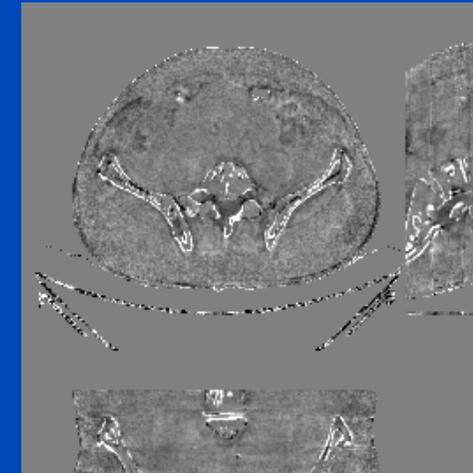
MC ground truth¹



DDE



Relative error



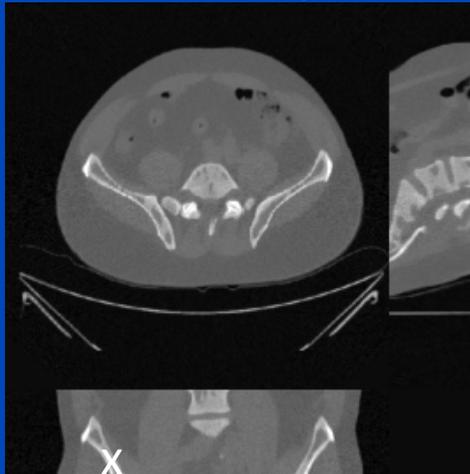
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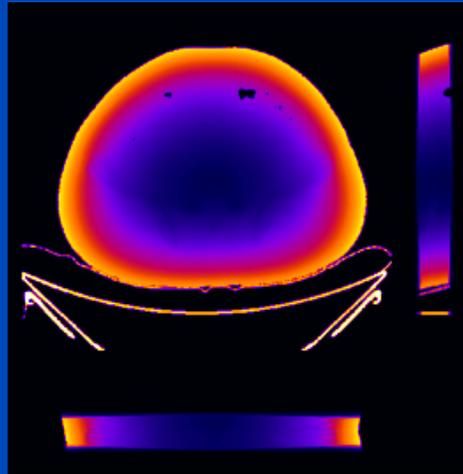
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First order dose

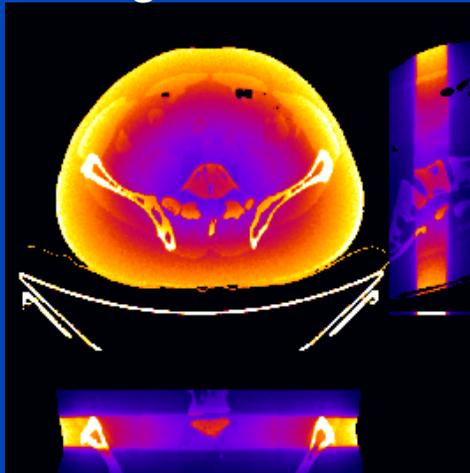


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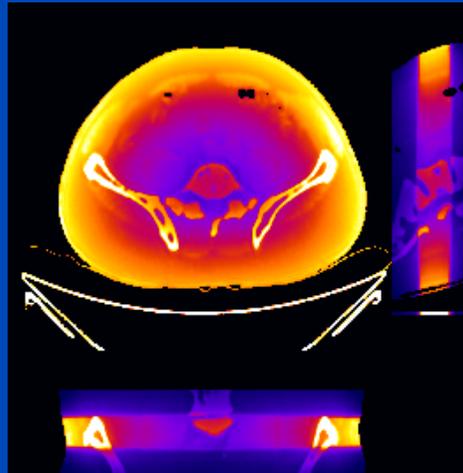
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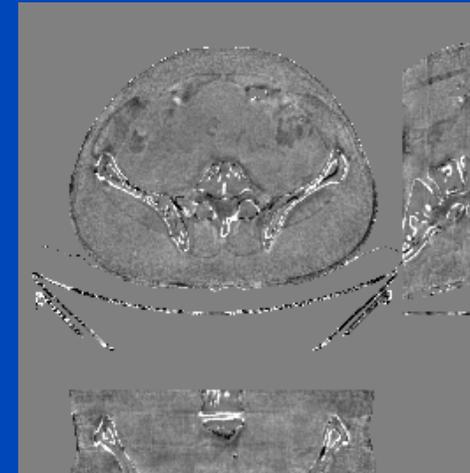
MC ground truth¹



DDE



Relative error



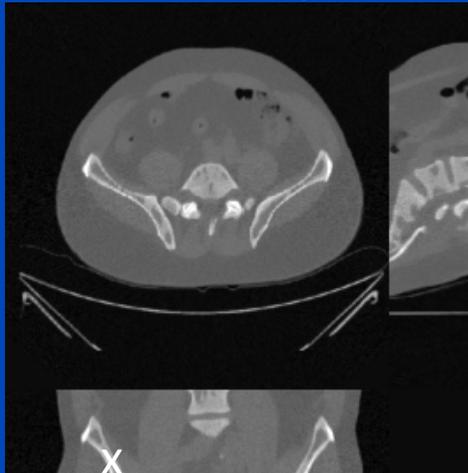
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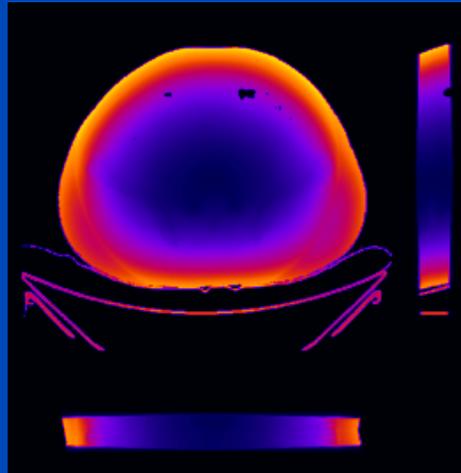
Results

Pelvis, tube B, 120 kV, no bowtie

CT image



First order dose

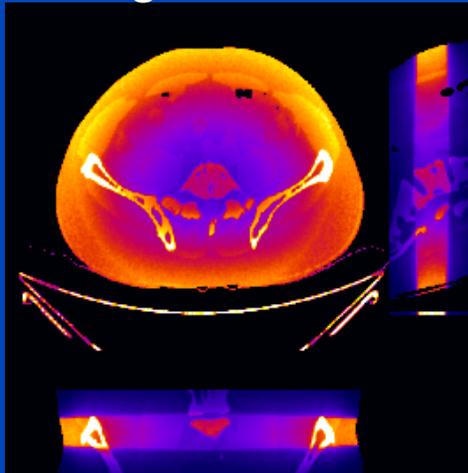


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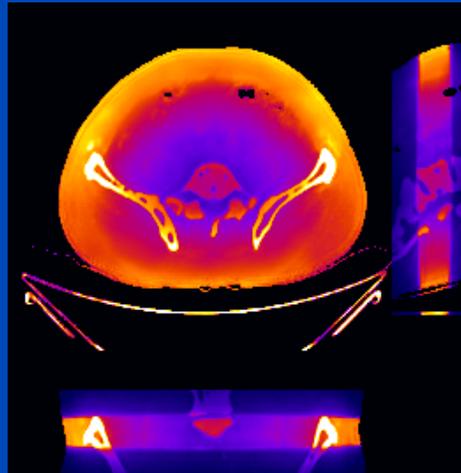
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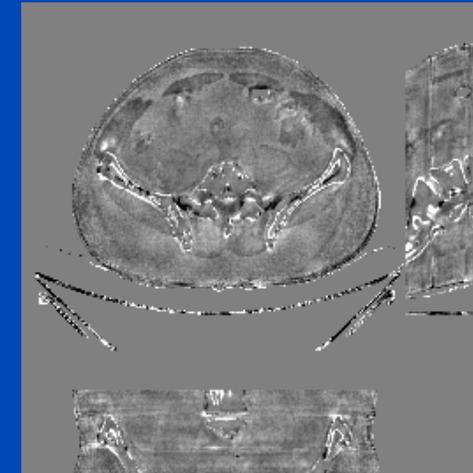
MC ground truth¹



DDE



Relative error



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Conclusions on DDE

- DDE is able to derive dose estimates with almost similar accuracy as MC (average deviation: 4.6 %).
- Pixel-wise loss is responsible for blurring at edges.
- DDE generalizes to different anatomical regions and is able to handle different fluence fields.
- A $256 \times 256 \times 48$ voxel volume with 2 mm voxel size can be processed in 250 ms. Approximately 5 s are required for a whole body scan.
- This study was restricted to training data with a z-axis coverage of about 10 cm ($\approx 2.5 \times$ collimation). For practical use, it might be necessary to extend the z-axis coverage to account for all dose contributions.

**Interested in more deep learning applications for CT optimization?
Come and find out tomorrow 10:30-12:00, EFOMP workshop, room G!**

Thank You!



The 6th International Conference on Image Formation in X-Ray Computed Tomography

August 3 - August 7 • 2020 • Regensburg • Germany • www.ct-meeting.org



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Conference Chair: **Marc Kachelrieß**, German Cancer Research Center (DKFZ), Heidelberg, Germany

This presentation will soon be available at www.dkfz.de/ct.
Job opportunities through DKFZ's international Fellowship programs (marc.kachelriess@dkfz.de).
Parts of the reconstruction software were provided by RayConStruct® GmbH, Nürnberg, Germany.