Basics of X-Ray-Based Tomographic Imaging for IGRT 3: Motion Management with CT

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Electrocardiogram-correlated image reconstruction from subsecond spiral computed tomography scans of the heart

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(Received 31 December 1997; accepted for publication 17 September 1998)

Subsecond computed tomography (CT) scanning offers potential for improved heart imaging. We therefore developed and validated dedicated reconstruction algorithms for imaging the heart with subsecond spiral CT utilizing electrocardiogram (ECG) information. We modified spiral CT *z*-interpolation algorithms on a subsecond spiral CT scanner. Two new classes of algorithms were investigated: (a) 180°CI (cardio interpolation), a piecewise linear interpolation between adjacent spiral data segments belonging to the same heart phase where segments are selected by correlation with the simultaneously recorded ECG signal and (b) 180°CD (cardio delta), a partial scan recon-



1. IN

Cor

of



Noninvasive Coronary Angiography by Retrospectively ECG-Gated Multislice Spiral CT Stephan Achenbach, Stefan Ulzheimer, Ulrich Baum, Marc Kachelrieß, Dieter Ropers, Tom Giesler, Werner Bautz, Werner G. Daniel, Willi A. Kalender and Werner Moshage

Circulation. 2000;102:2823-2828 doi: 10.1161/01.CIR.102.23.2823 Circulation is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231 Copyright © 2000 American Heart Association, Inc. All rights reserved. Print ISSN: 0009-7322. Online ISSN: 1524-4539

Kachelrieß, Kalender, Med. Phys. 25(12), December 1998 Achenbach, Kachelrieß et al., Circulation 102, December 2000



Imaging the Heart with CT (Cardiac-CT = phase-correlated CT)

- Periodic motion
- Synchronisation (ECG, Kymogram, ...)
- Phase-correlated scanning = Prospective Gating
 - Used in the 80s and 90s with little success.
 - Came recently into use again due to large cone-angles.

Phase-correlated reconstruction = <u>Retrospective Gating</u>

(introduced 1996¹)

(introduced 1998²)

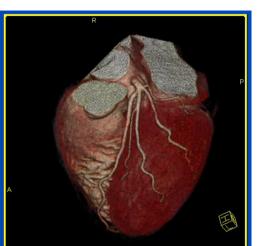
(introduced 2000³)

(introduced 2002⁴)

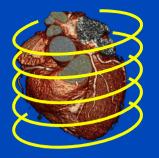
(introduced 2005⁵)

- Single-phase (partial scan) approaches, e.g. 180°MCD
- Bi-phase approaches, e.g. ACV (Flohr et al.)
- Multi-phase Cardio Interpolation methods, e.g. 180°MCI (gold-standard)
- Generations
 - » Single-slice spiral CT: 180°CD, 180°Cl
 - » Multi-slice spiral CT: 180°MCD, 180°MCI
 - » Cone-beam spiral CT: ASSR CD, ASSR CI
 - » Wide cone-beam CT: EPBP
 - » Multi-source CBCT: EPBP

¹Med. Phys. 25(12):2417-2431 (1998), ²Med. Phys. 27(8):1881-1902 (2000), ³Proc. Fully 3D-2001:179-182 (2001), ⁴Med. Phys. 31(6): 1623-1641 (2004), ⁵Med. Phys. 33(7): 2435-2447 (2006)



dkfz.

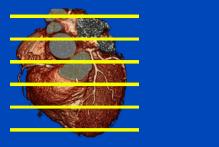


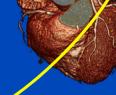
Retrospective Gating

Standard scan + ECG-correlated recon

Standard spiral scan with low pitch value ($p \le f_H \cdot t_{rot}$) Phase-correlated reconstruction $p \cdot T_{rot} / 2 \le Temp.$ resolution $\le T_{rot} / 2$ Works also at high heart rates Dose management: ECG-based TCM

Full phase selectivity Highly robust (also with arrhythmia) Good dose usage





Prospective Gating

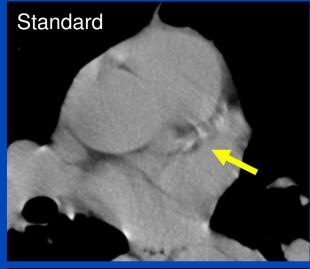
ECG-triggered scan + standard recon

ECG-triggered sequence- or spiral scan with high pitch value Standard image reconstruction Temporal resolution = T_{rot} / 2 Good at low heart rates Dose management: inherent

No phase selectivity Sufficiently robust (not with arrythmia) Very good dose usage



Single Slice CT (RSNA 1997)



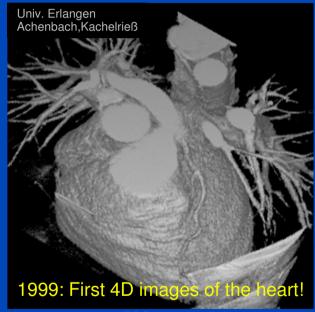
ECG-correlated



Kachelrieß et al. Electrocardiogram-correlated image reconstruction from subsecond spiral computed tomography scans of the heart. Med. Phys., 25(12):2417-2431, December 1998.

Early Cardiac Spiral CT

4-Slice CT (RSNA 1999)



Kachelrieß et al. ECG-correlated imaging of the heart with subsecond multislice spiral CT. IEEE TMI, 19(9):888-901, September 2000.



Cardiac Spiral CT Today



ourtesy of Sir Run Run Shaw University HongKong / HongKong, China

Adult

Temporal resolution: 75 ms Collimation: 2.64×0.6 mm Spatial resolution: 0.6 mm Scan time: 0.28 s Scan length: 128 mm Rotation time: 0.28 s 80 kV, 300 mAs / rotation

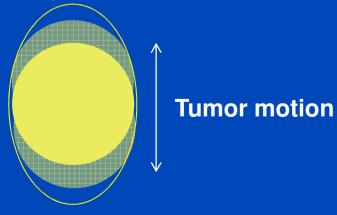
Flash Spiral

Eff. dose: 0.36 mSv



Target Motion

- During radiation treatment the patient's tumor will move due to respiratory (and cardiac) motion
- Tumor motion can be significant: up to several centimeters for diaphragm, liver, kidney, pankreas, thorax, ...
- To avoid missing the tumor:
 - Clinical target volume (CTV) needs to be significantly larger than the gross tumor volume (GTV)
 - Increase portal size
 - Increase irradiation to healthy tissue





Motion Management

Motion surrogate signals

- Motion belts (Anzai, Mayo, ...)
- Optical signal (RPM, ...)
- Intrinsic rawdata-based signals (kymogram, radar, ...)

Quantifying motion due to respiration

- Oblique x-ray image pairs (fiducial markers may be required)
- 4D CT scan (low pitch spiral or multiple rotation sequence)
- Several CT scans
- 4D CBCT scan (slow circle, preferrably with motion compensation)
- Accounting for motion during treatment
 - Breath-hold (with patient coaching, no 4D CT required)
 - Gating (4D CT or 4D CBCT advantageous)
 - Tracking (4D CT or 4D CBCT required)



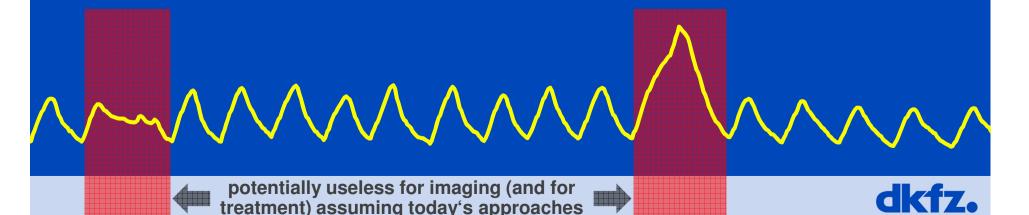
3D Planning CT

- Spiral acquisition is fast
- Only a snapshot of the patient is shown
- No information about organ or tumor motion
- Impossible to measure the amount of tumor motion

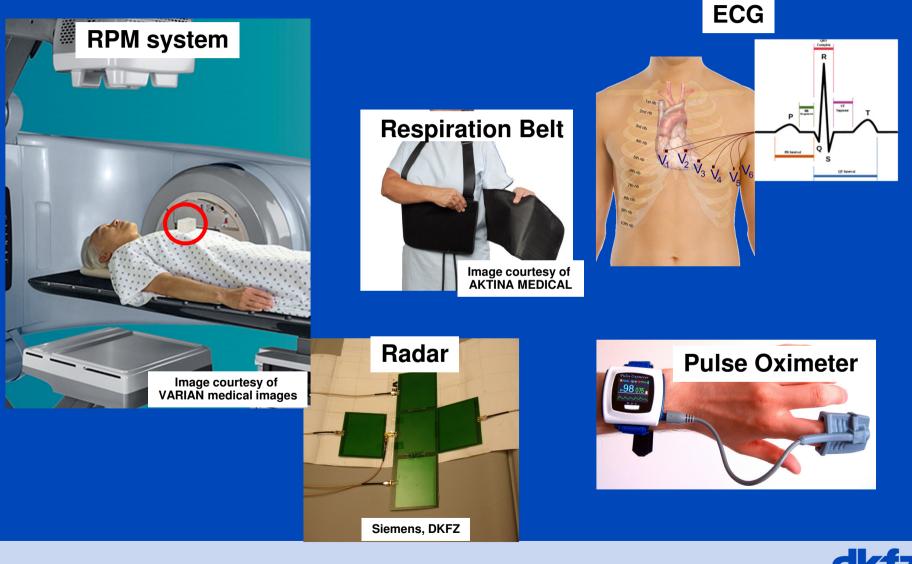


4D Planning CT

- Either conduct a very low pitch spiral CT $p \leq f_{
 m R} t_{
 m rot}$
- or a sequence scan, comprised of several circle scans.
- Scan needs to be slow enough to cover a full motion cycle at each z-position.
- Reconstruction applies retrospective gating, i.e. phase-correlated reconstruction algorithms are used.
- Problems, such as data gaps, may occur with irregular breathers.



External Motion Surrogates Respiratory: Cardiac:





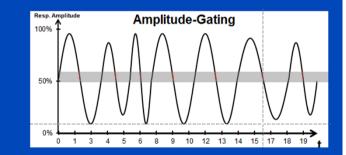
Phase- and Amplitude Gating

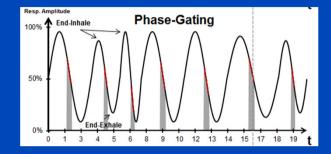
Phase gating

- Assumes periodicity in time and amplitude
- Used in cardiac 3D CT (pro- and retrospective)
- Used in cardiac 4D CT (retrospective)
- Assumptions well-justified apart from extrasystoles

Amplitude gating

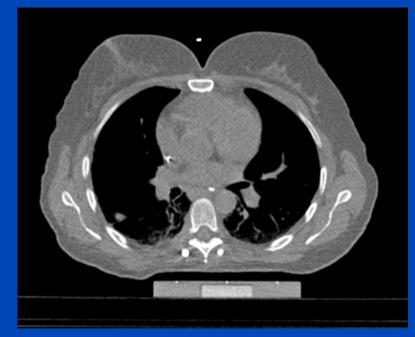
- Assumes periodicity in time
- More robust against amplitude variations
- Used for respiratory 3D CT (prospective)
- Used for respiratory 4D CT (retrospective)
- Assumptions not really justified because motion patterns change with changing amplitude

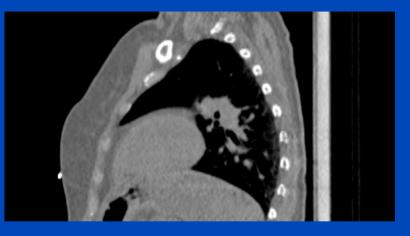


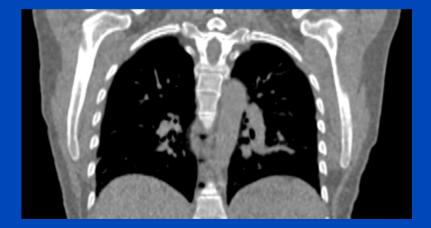




4D CT Scan Siemens Somatom Definition Flash





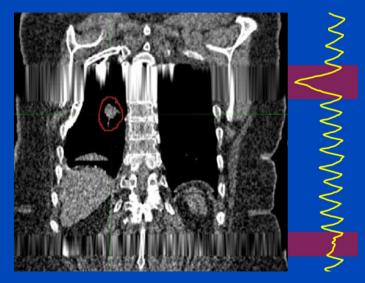




C = 0 HU, W = 1000 HU

Problems with 4D Respiratory-Correlated CT

- Pitch value must be low enough $p \leq f_{
 m R} t_{
 m rot}$
- Irregular respiration may yield data gaps
 - these are typically filled by interpolating adjacent images
 - and not by advanced reconstruction techniques



Only a fraction of data is used for each frame

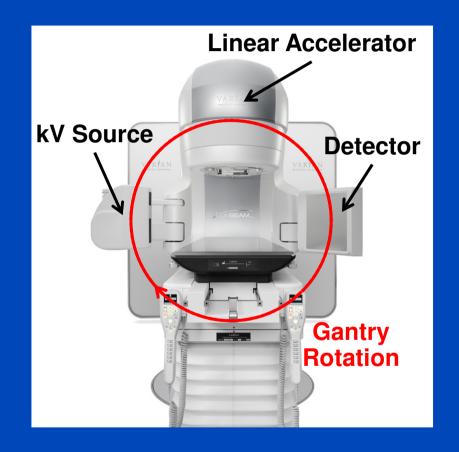
CT image taken from Low et al., PMB 58:L31-L36, 2013.



Motion Modelling is the Future!



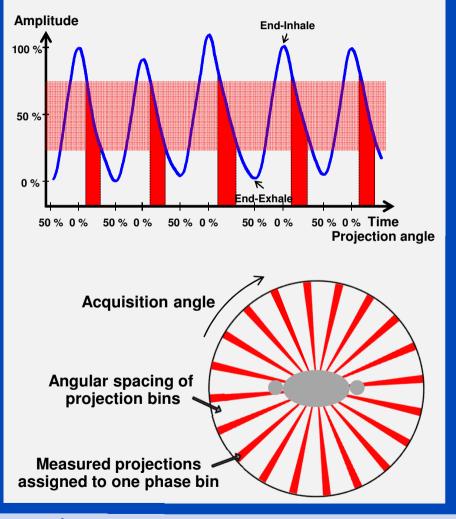
Motion Management for CBCT in IGRT



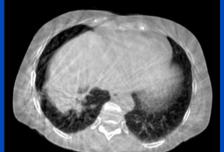




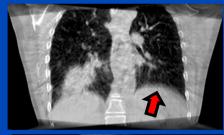
4D CBCT Scan with Retrospective Gating

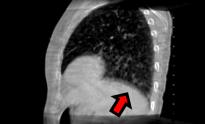


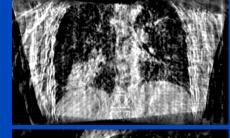
Without gating (3D): With gating (4D): Motion artifacts Sparse-view artifacts



a ta nan a ta ta ta nan ying tang tang ta nan an ana sa ta







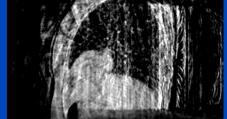
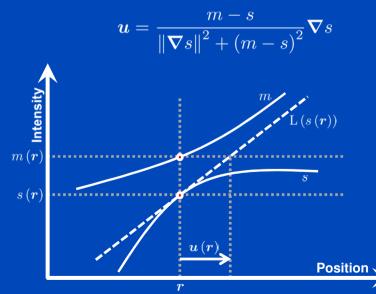






Image Registration

- Static target image s
- Model to be deformed m
- Find transformation vector field T, i.e. $s = m \circ T$
- Demons algorithm
 - Displacement update *u* by intensity matching on linear approximation



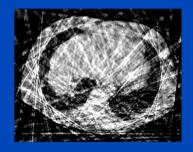
- Regularization
 - Two Gaussian convolution kernels $G_{\text{fluid}}, G_{\text{diffusion}}$
 - $\mathbf{T} \leftarrow G_{\text{diffusion}} * (\mathbf{T} \circ \exp\left(G_{\text{fluid}} * \boldsymbol{u}\right))$



Mode

Deformed model matching target





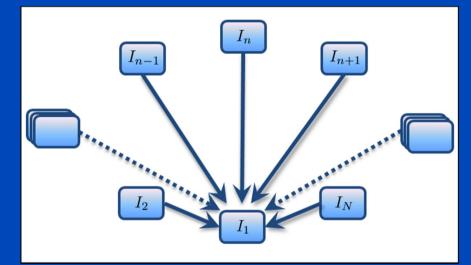


Thirion, "Image matching as a diffusion process: An analogy with Maxwell's demons," Medical Image Analysis 2(3), 243–260 (1998).

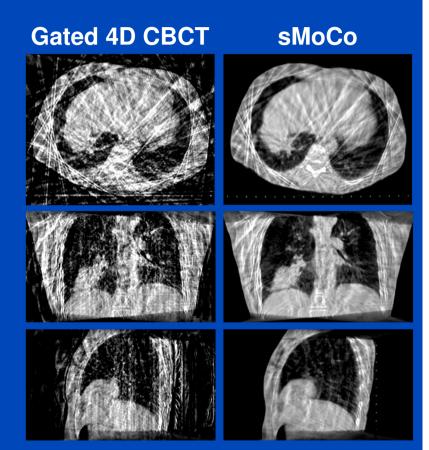


A Standard Motion Estimation and Compensation Approach (sMoCo)

 Motion estimation via standard 3D-3D registration



Has to be repeated for each reconstructed phase



 Streak artifacts from gated reconstructions propagate into sMoCo results

VAR AN medical systems

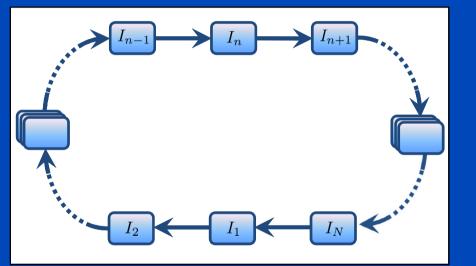
Li, Koong, and Xing, "Enhanced 4D cone–beam CT with inter–phase motion model," Med. Phys. 51(9), 3688–3695 (2007).

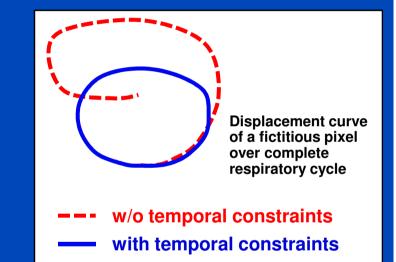


A Cyclic Motion Estimation and Compensation Approach (cMoCo)

Motion estimation only between adjacent phases

- All other MVFs given by concatenation





- Incorporate additional knowledge
 - A priori knowledge of quasi periodic breathing pattern
 - Non-cyclic motion is penalized

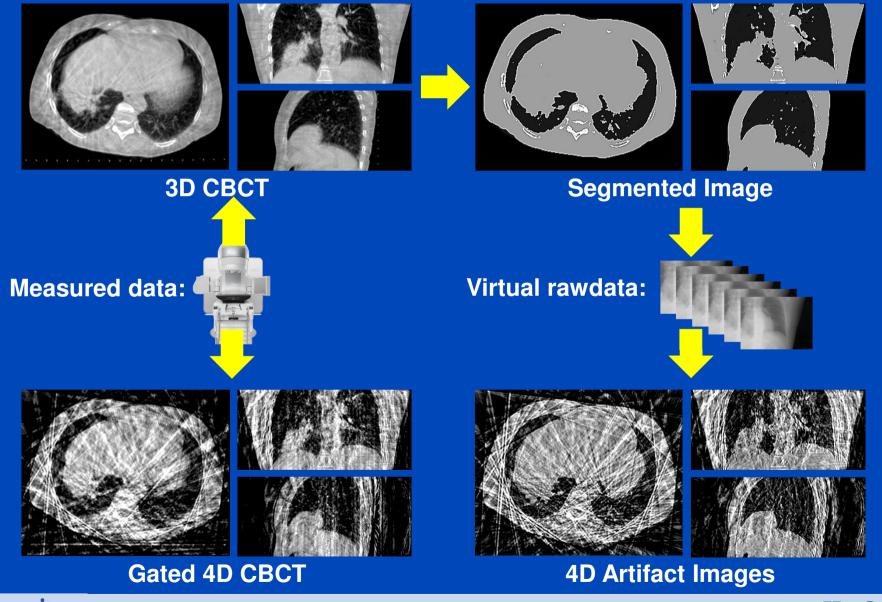
VA R**t**a N

- Error propagation due to concatenation is reduced

Brehm, Paysan, Oelhafen, Kunz, and Kachelrieß, "Self-adapting cyclic registration for motioncompensated cone-beam CT in image-guided radiation therapy," Med. Phys. 39(12), 7603-7618 (2012).



Artifact Model-Based MoCo (aMoCo)

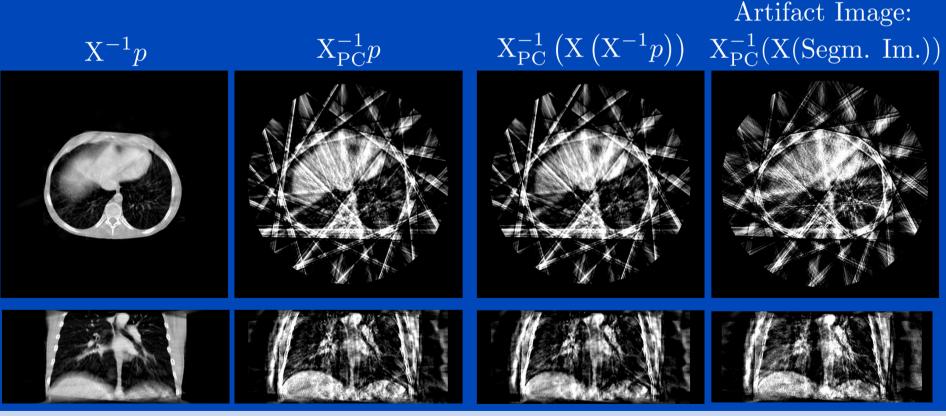


VAR AN medical systems Brehm, Paysan, Oelhafen, and Kachelrieß, "Artifact-resistant motion estimation with a patient-specific artifact model for motion-compensated cone-beam CT" Med. Phys. 40(10):101913 (2013).



Propagation of Respiratory Motion

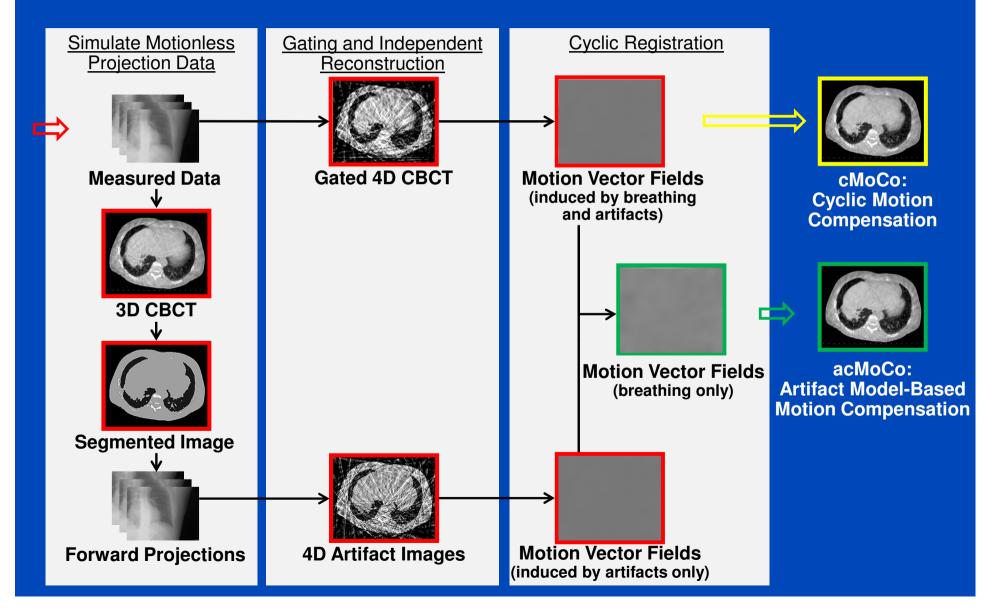
- Respiratory motion propagates into 3D reconstruction even if the image is stationary.
- Perform segmentation before forward projection.



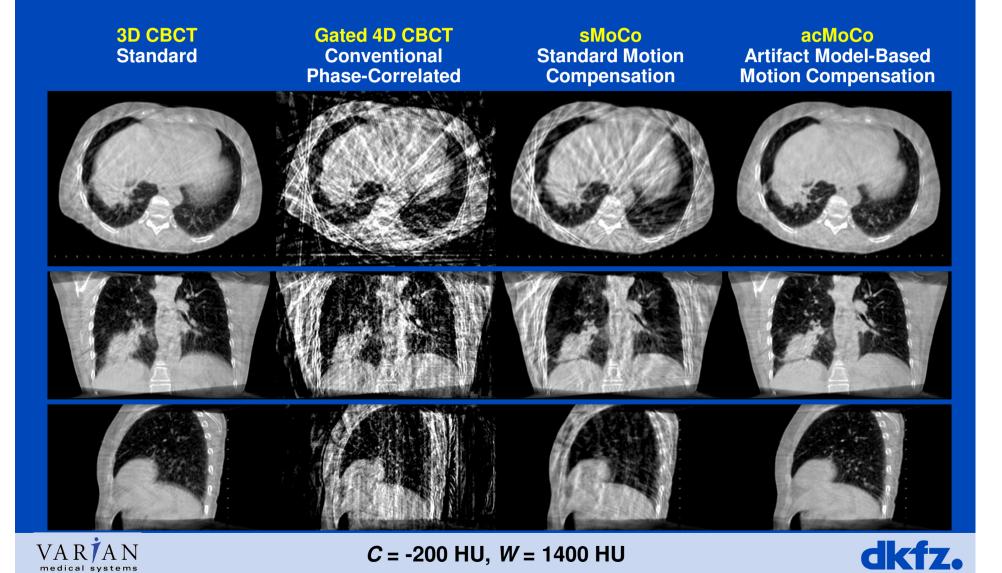
PC = phase-correlated reconstruction = gated reconstruction (CT or MR). C = -200 HU, W = 1400 HU



Motion Estimation using an Patient-Specific Artifact Model



Patient Data – Results



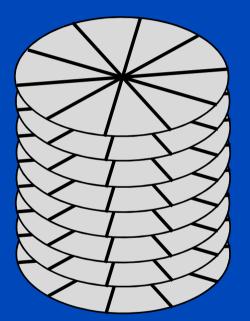
Spin-Off Effects?



What about MoCo in MR, in PET/MR, or in MR-guided RT?

- MR acquisition is slow
- 4D MR acquisiton is even slower
- Thus: Develop a framework for MR-MoCo
- Use motion vector fields
 - to compensate the motion from clinical sequences
 - to compensate the motion from other modalities
 - for tracking the tumor position
- Using dedicated image reconstruction and registration techniques, allows to cope with higly undersampled data.¹

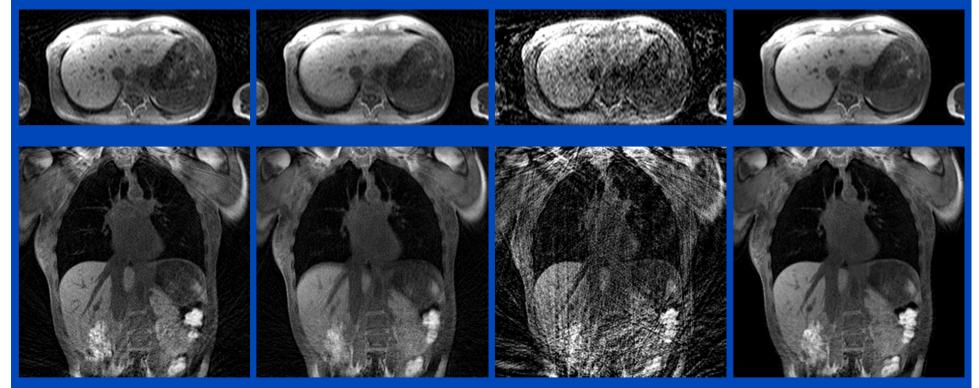




4D MR Motion Compensation Results Volunteer p8

4D gridding 6 min 51 s 3D gridding 37 s 4D gridding

4D joint MoCo-HDTV 37 s



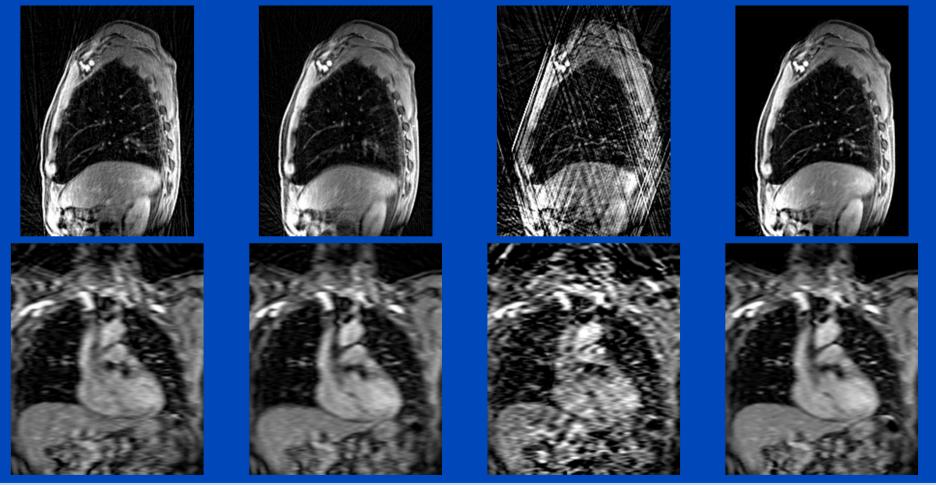
Magnetom Aera at Thoraxklinik, Radial VIBE WIP 528K $R = 20, \Delta r = 10\%$



4D MR Motion Compensation Results Patient c24

4D gridding 5 min 50 s 3D gridding 41 s 4D gridding 41 s

4D joint MoCo-HDTV 41 s



Magnetom Aera at Thoraxklinik, Radial VIBE WIP 528K $R = 20, \Delta r = 10\%$



4D PET/MR Motion Compensation Data Acquisition and Processing

- Simultaneous PET/MR acquisition at Siemens Biograph mMR at DKFZ
 - number of subjects: 5 (thorax), 2 (abdomen)
 - tracer: fluorodeoxyglucose (¹⁸F-FDG)
 - acquisition time per bed: 5 min
 - MR sequence: 3D-encoded gradient echo sequence with radial stack-of-stars sampling scheme and golden angle radial spacing
 - pre-processing of PET list-mode data
 - » sorting of list-mode data into sinograms for different motion phases with binning tools
 - » scatter estimation with e7-tools
 - in-house MoCo OSEM algorithm for reconstruction





Related Work

Authors	MR sequence	MR acquisition time / min	Voxel size / mm ³	Number of gates	Motion estimation
Würslin et al. 2013	2D multi-slice	3.0	2.0×2.0×10.0	4	3D
Petibon et al. 2014	2D multi-slice	3.0	2.0×2.0×8.0	7	3D
Dutta et al. 2015	2D radial	5.5 to 7.0	2.0/2.3×2.0/2.3×5.0/8.0	6	3D
Fayad et al. 2015a	2D multi-slice	1.5	2.0×2.0×10.0	4	3D
Fayad et al. 2015b	2D multi-slice	3.0	2.0×2.0×10.0	4	3D
Fürst et al. 2015	radial stack-of-stars	10.0	1.7×1.7×5.0	5	3D
Grimm et al. 2015	radial stack-of-stars	3.0 to 10.0	1.7×1.7×5.0	5	3D
Manber et al. 2015	2D multi-slice	1.0 and 2.7	1.8×1.8×10.0ª	10 ^b	2D
proposed	radial stack-of-stars	1.0 and 5.0	1.6×1.6×4.5	20 ^{b,c}	<mark>3D</mark>

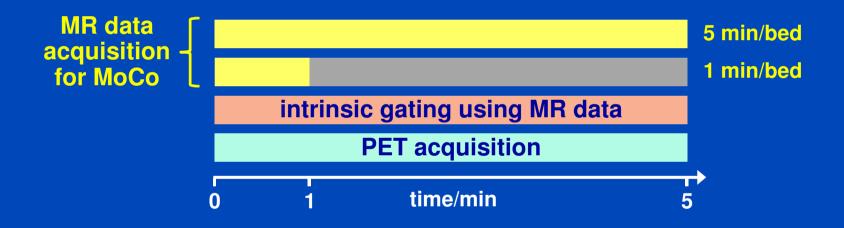
^a 25 mm gap between slice centers ^b discrimination between inhalation and exhalation

^c motion phases have an overlap of 50%



4D PET/MR Motion Compensation Generation of Highly Undersampled MR Data Set

Retrospective generation of a sparse MR rawdata set reproducing an interlaced MR acquisition



- Intrinsic gating: motion amplitudes were estimated from measured MR data
- MR and PET data were sorted retrospectively into 20 overlapping motion phase bins (10% width)



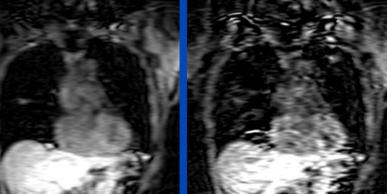
Results of MR Reconstruction

4D gated gridding

5 min / bed

1 min / bed





4D MoCo¹ 5 min / bed 1 min / bed Image: Image:

MVFs

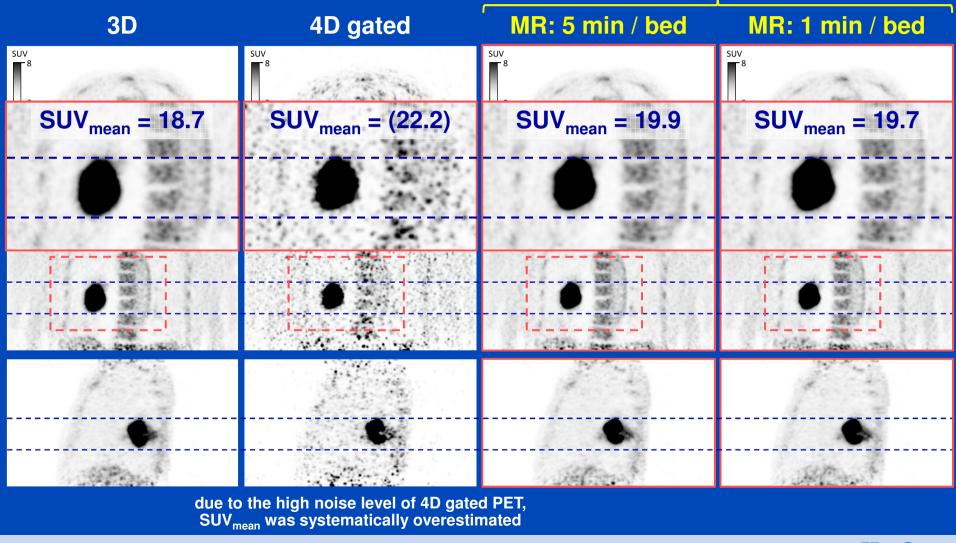
MVFs

[1] Rank, Heußer, Buzan, Wetscherek, Freitag, Dinkel, Kachelrieß. 4D respiratory motion-compensated image reconstruction of free-breathing radial MR data with very high undersampling. *Magn Reson Med*, accepted for publication.



Results of PET Reconstruction (I)

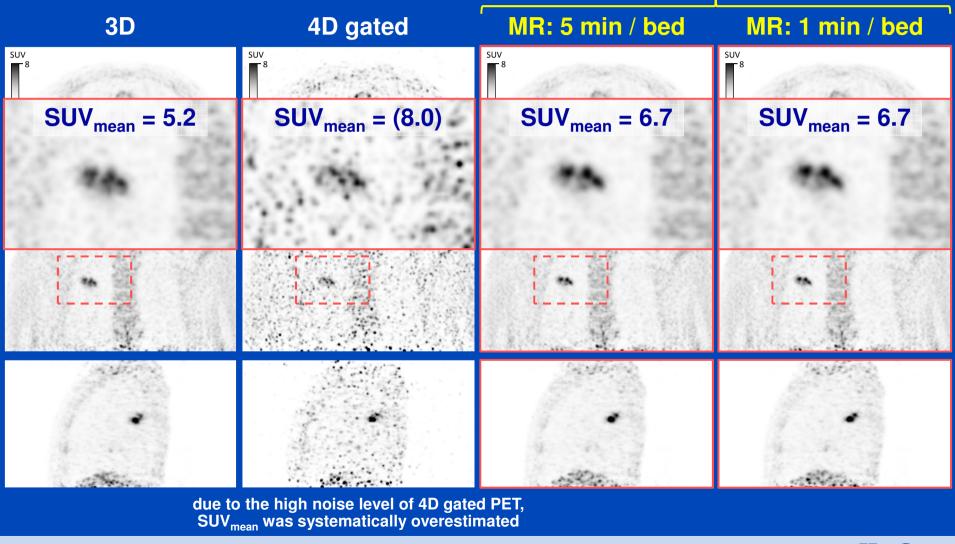
4D MoCo





Results of PET Reconstruction (II)

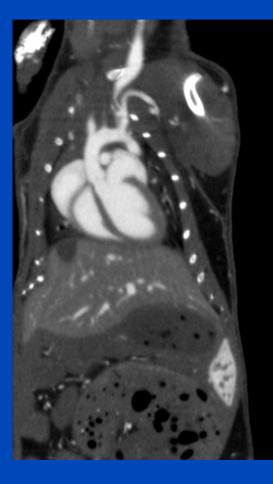
4D MoCo





Is There More?



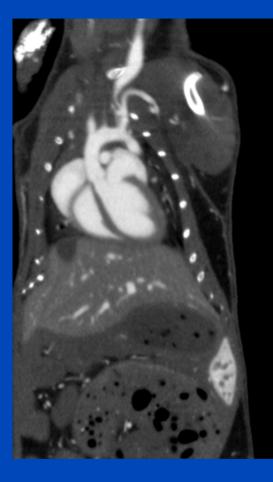


Data displayed as: Heart: 280 bpm Lung: 150 rpm

Mouse with 180 rpm and 240 bpm.



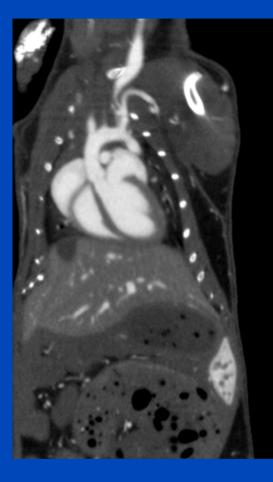




Data displayed as: Heart: 180 bpm Lung: 90 rpm



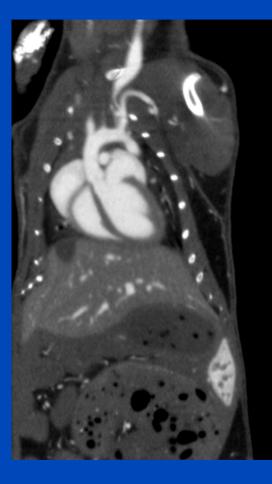




Data displayed as: Heart: 90 bpm Lung: 90 rpm



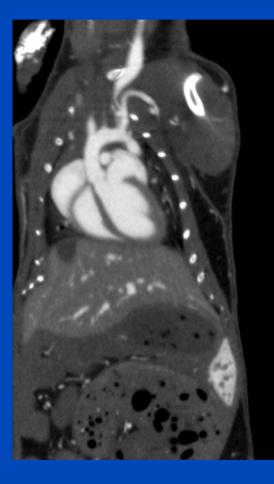




Data displayed as: Heart: 0 bpm Lung: 90 rpm







Data displayed as: Heart: 90 bpm Lung: 0 rpm

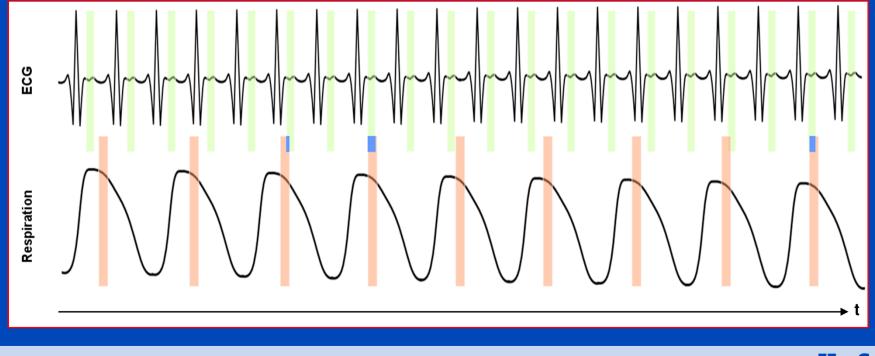




5D with Double Gating?

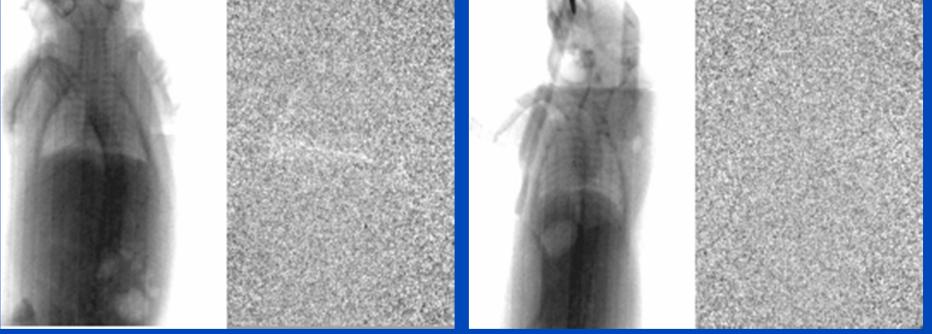
Double gating example:

Cardiac window width: 20%
Respiratory window width: 10%
Only 2% of all projections per reconstructed volume





Injection Techniques*



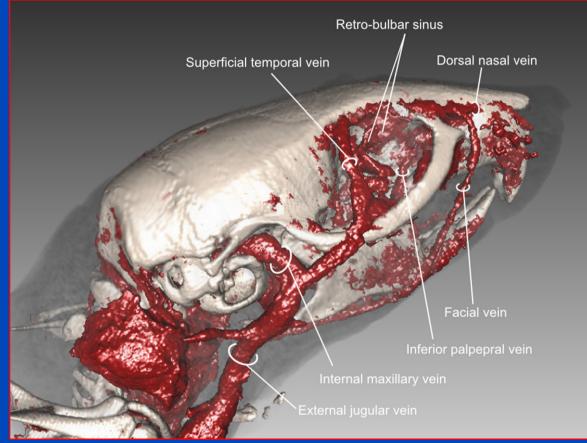
Tail Vein Injection

Retro Bulbar Injection

*M. Socher, J. Kuntz, S. Sawall, S. bartling, and M. Kachelrieß. The retrobulbar sinus is superior to the lateral tail vein for the injection of contrast media in small animal cardiac imaging. Lab. Anim. 48(2), pp. 105-113, February 2014.



Contrast Injection



Volume rendering of a high resolution micro-CT scan with a spatial resolution of about 40 µm.

*M. Socher, J. Kuntz, S. Sawall, S. bartling, and M. Kachelrieß. The retrobulbar sinus is superior to the lateral tail vein for the injection of contrast media in small animal cardiac imaging. Lab. Anim. 48(2), pp. 105-113, February 2014.



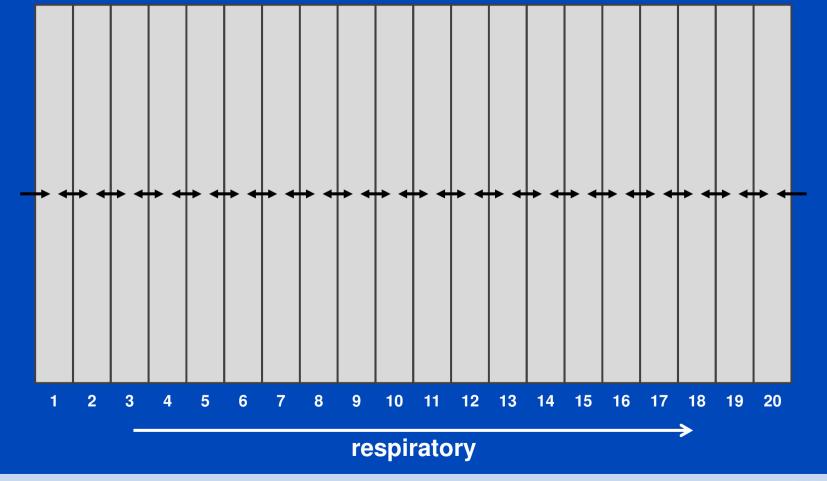
First, perform acMoCo wrt the respiratory motion.

- Now the data are free of respiratory motion.
- 100% of the data are used.
- Any desired motion phase can be displayed.
- The MVFs can be used for other purposes (e.g. prediction).

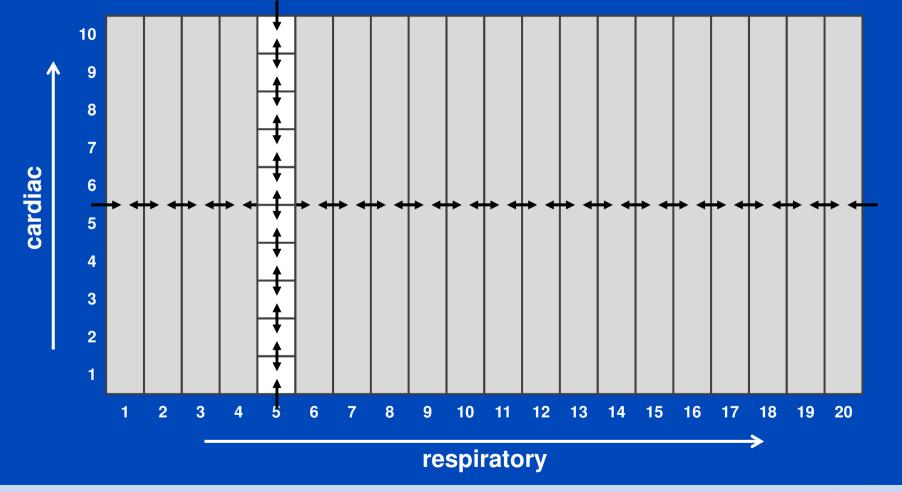
Then perform acMoCo wrt the cardiac motion.

- Now the data are free of any motion.
- 100% of the data are used.
- Any desired motion phase can be displayed.
- The MVFs can be used for other purposes (e.g. prediction).

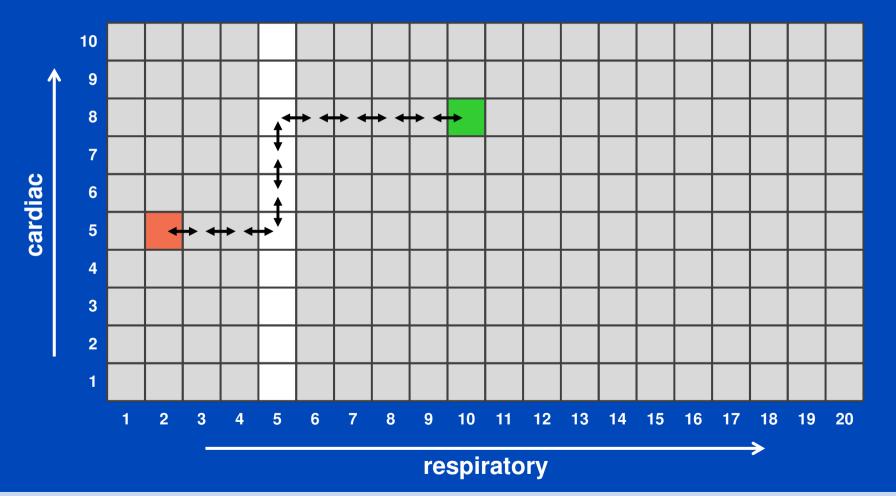




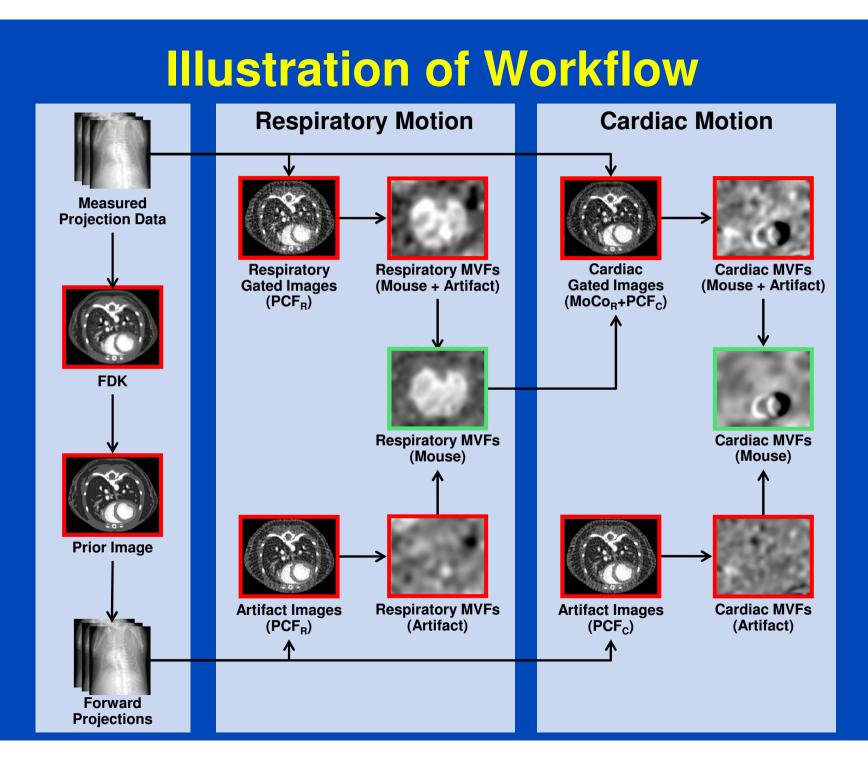


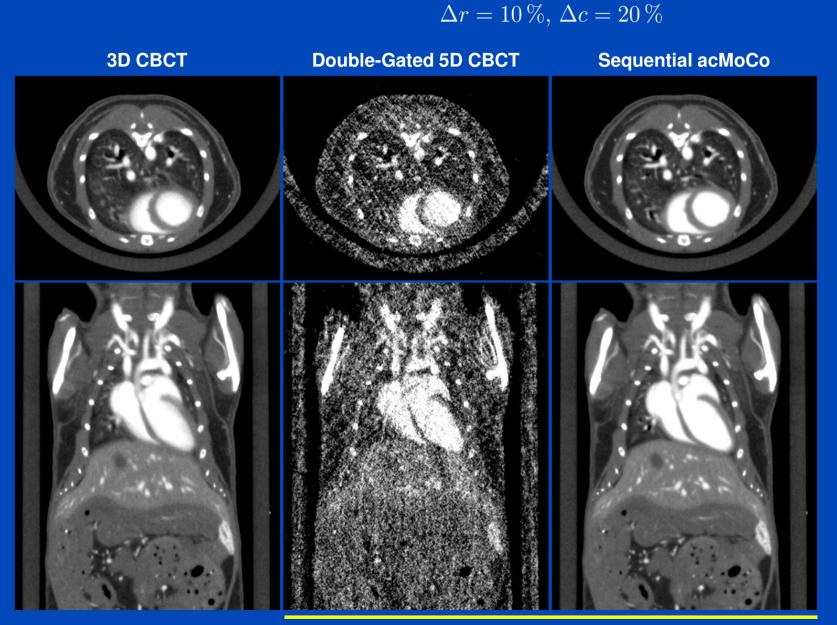








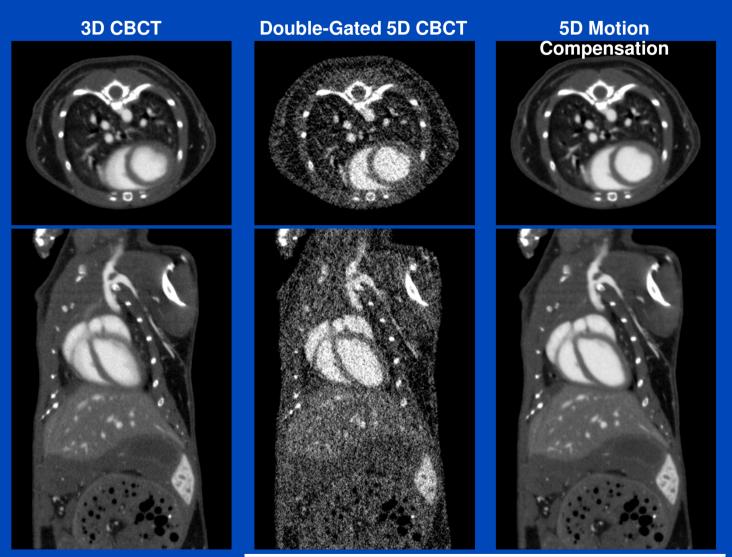




The cardiac motion is shown at a fixed respiratory phase.



7200 Projections



The images show a fixed respiratory and cardiac phase.



3600 Projections

3D CBCT Double-Gated 5D CBCT 5D Motion Compensation

The images show a fixed respiratory and cardiac phase.

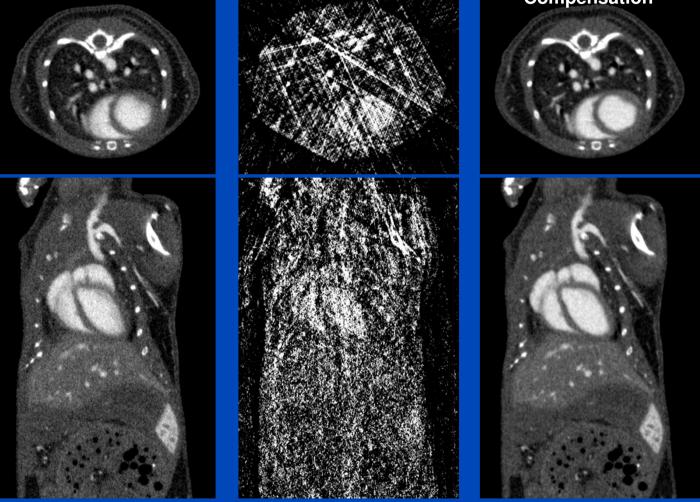


720 Projections

3D CBCT

Double-Gated 5D CBCT

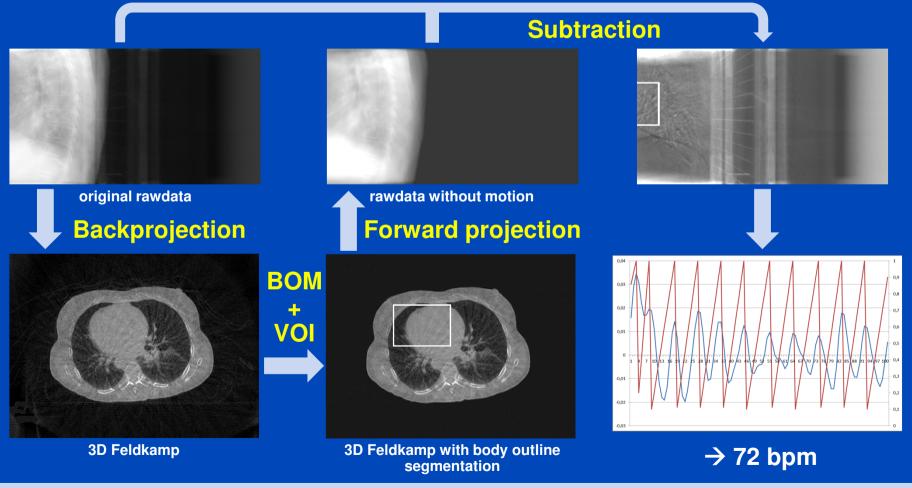
5D Motion Compensation



The images show a fixed respiratory and cardiac phase.



Intrinsic Gating Cardiac Gating

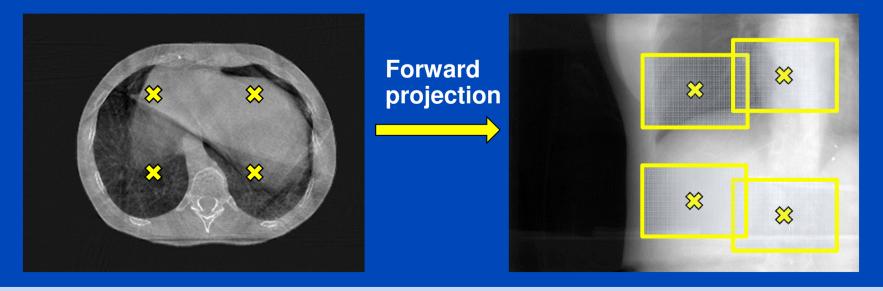


Images: C=0 HU; W=2500 HU



Optimal ROI Identification

- 1. Define $(N_x \times N_y \times N_z)$ grid points in volume. Here: $2 \times 2 \times 2$
- 2. Each grid point can be traced in the rawdata after forward projection.
- 3. Create rectangular ROI around grid point in projections. ROIs for the respiratory signal have to be larger since the respiratory motion is stronger than the cardiac motion.



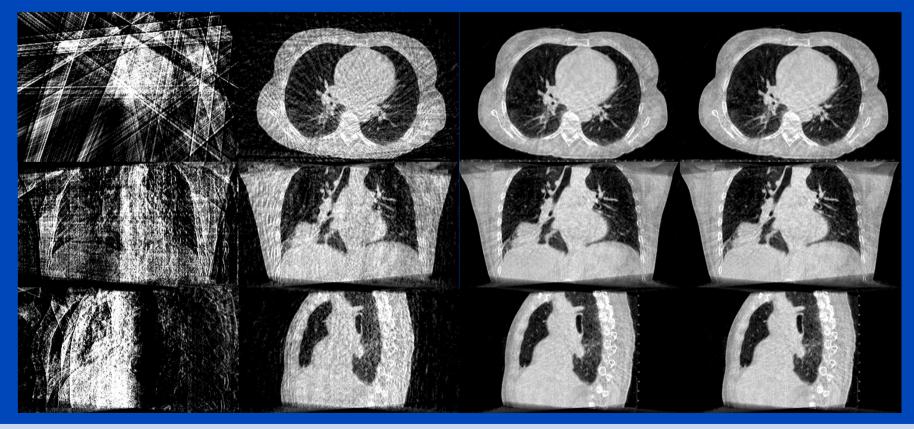
Images: C=0 HU; W=2500 HU



MoCo 5D Results

20 respiratory phases of 10% width, 10 cardiac phases of 20% width

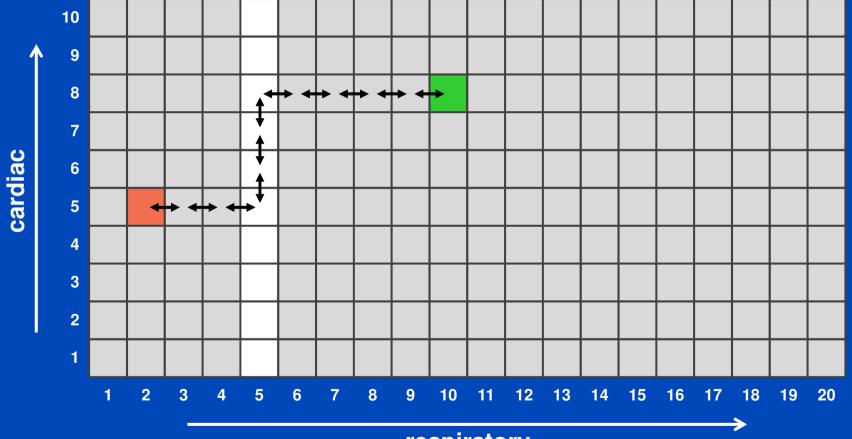
PCF 5D Respiratory & Cardiac Gated PCF 5D Respiratory Compensated & Cardiac Gated acMoCo 5D Respiratory & Cardiac Compensated r-loop, *c* = 0% acMoCo 5D Respiratory & Cardiac Compensated r = 0%, c-loop



C=-250 HU, *W*=1400 HU

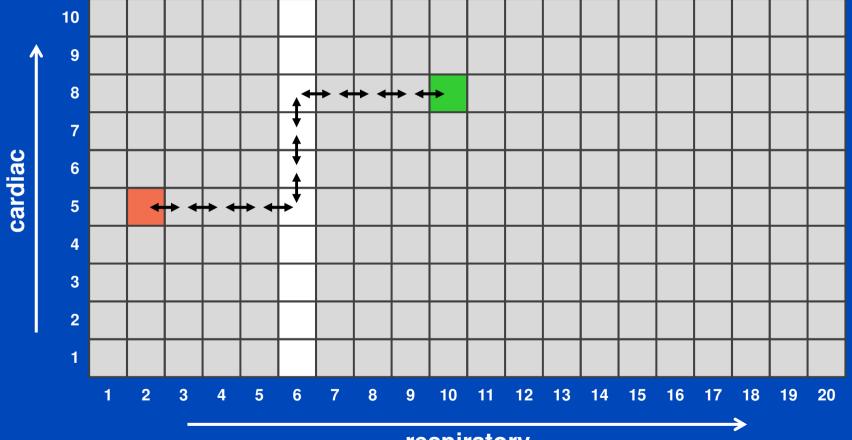


Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?



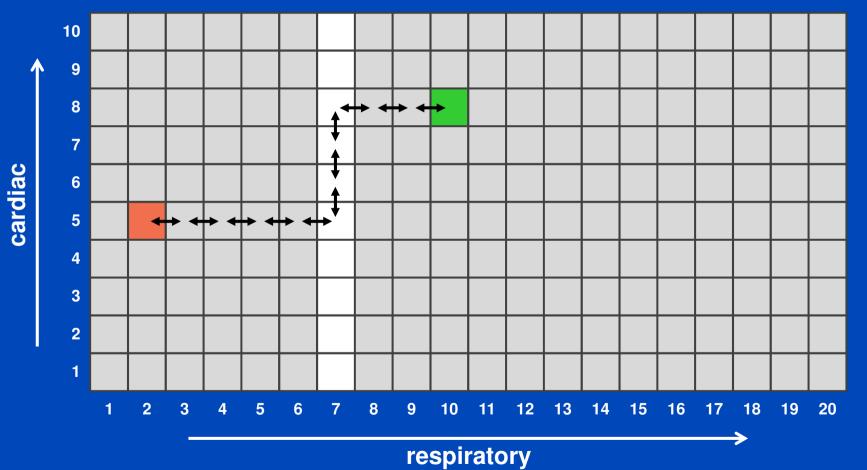


Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?



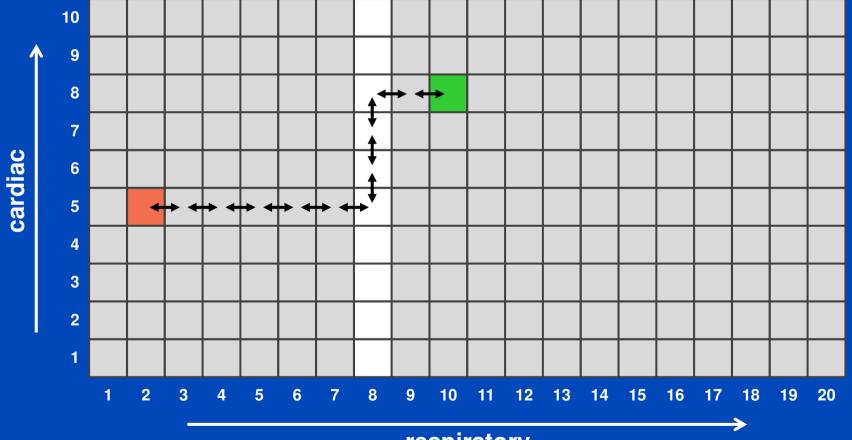


Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?



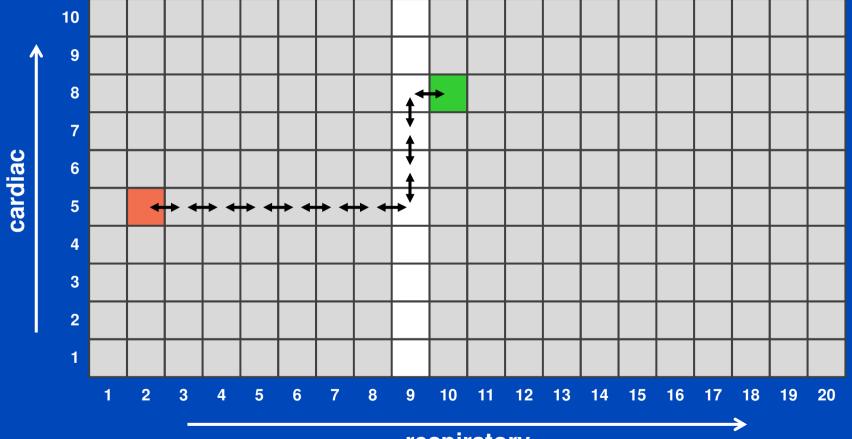
dkfz.

Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?



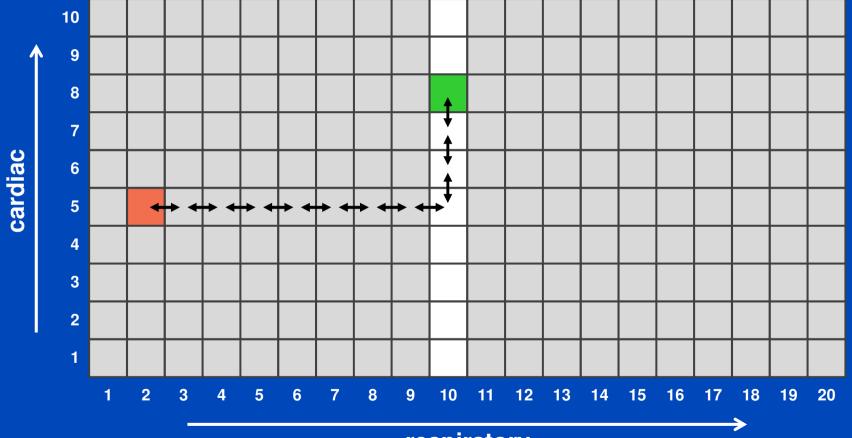


Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?



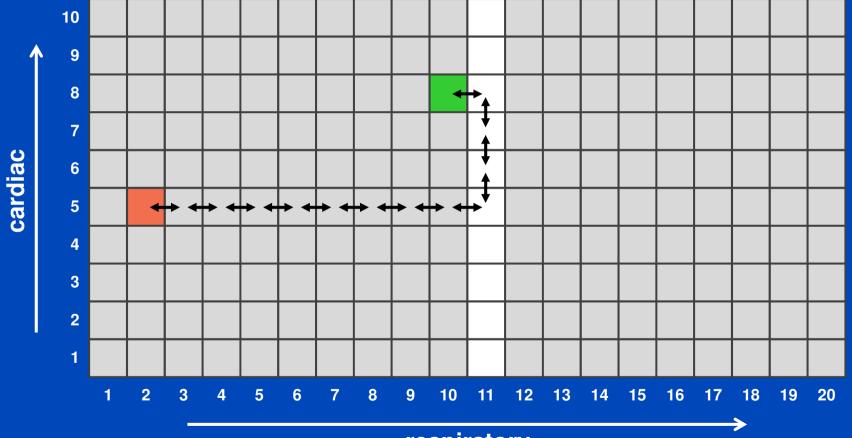


Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?





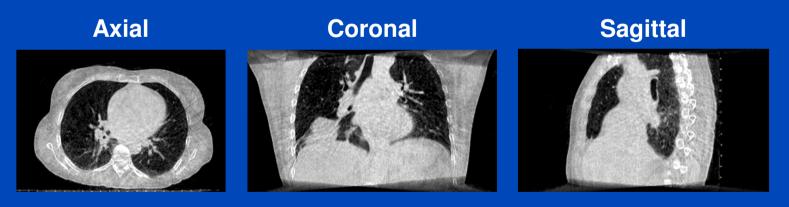
Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?





MoCo 5D Results Respiratory Reference Phase Comparison

- Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?
- Video showing cross-sections of a 5D MoCo volume at a fixed respiratory and cardiac phase for all 20 possible reference phases:



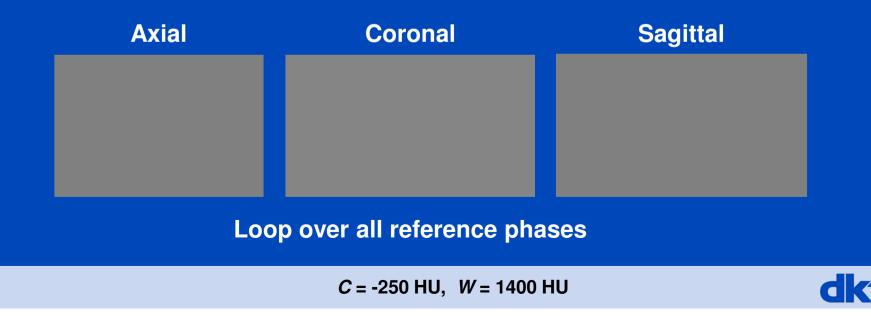
Loop over all reference phases

C = -250 HU, W = 1400 HU



MoCo 5D Results Respiratory Reference Phase Comparison

- Does it matter in which respiratory reference phase we estimate and apply cardiac MVFs?
- Video showing cross-sections of a 5D MoCo volume at a fixed respiratory and cardiac phase for all 20 possible reference phases minus the volume obtained with reference phase r = 0:



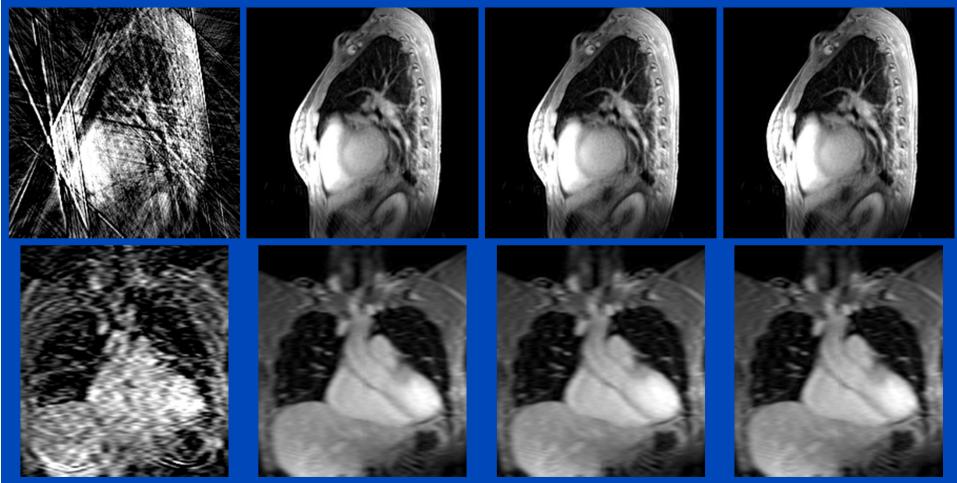
Spin-Off Effects?



5D MR Motion Compensation Results Patient c11 (Acquisition Time: 2 min)

5D double-gated 72 bpm, 18 rpm 5D MoCo 72 bpm, 18 rpm 5D MoCo 0 bpm, 18 rpm

5D MoCo 72 bpm, 0 rpm



Magnetom Aera at Thoraxklinik, Radial VIBE WIP 528K $R = 20, \Delta r = 10\%, C = 10, \Delta c = 20\%$, undersampling = 27.9

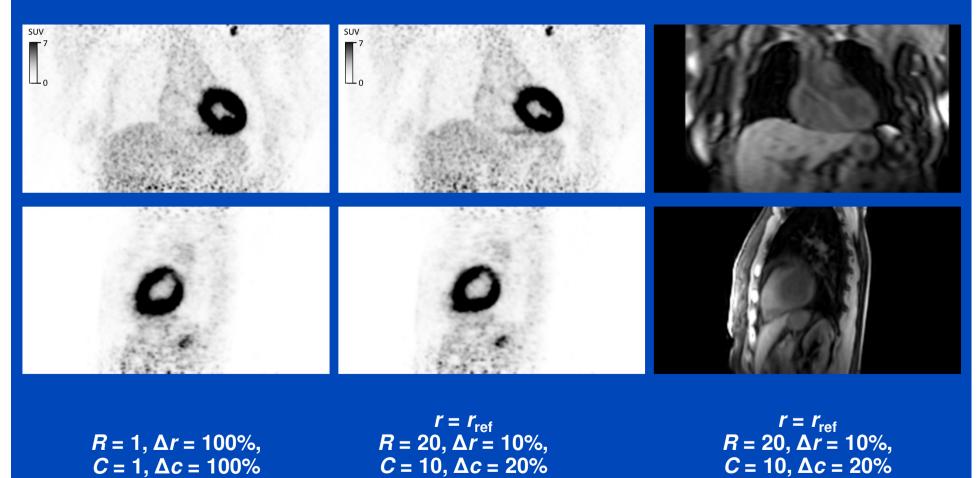


5D PET/MR MoCo: First Results Patient s08

3D PET

5D MoCo PET

5D MoCo MR



Biograph mMR at DKFZ, acquisition time: 5 min/bed

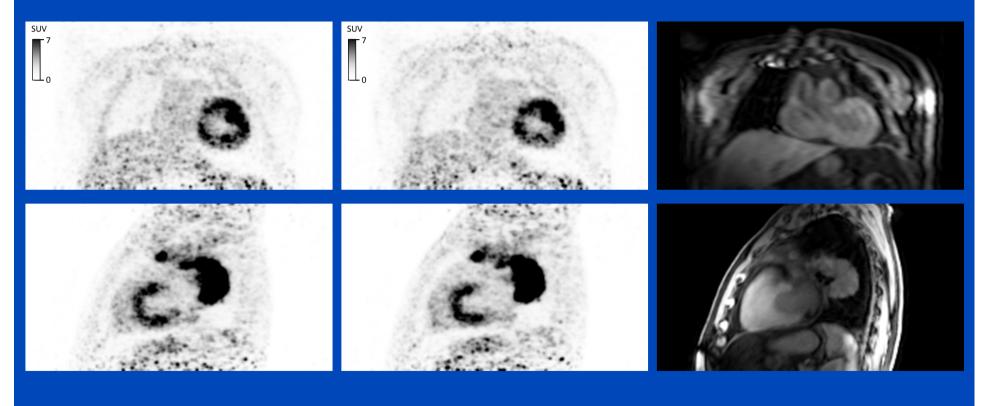


5D PET/MR MoCo: First Results Patient s10

3D PET

5D MoCo PET

5D MoCo MR

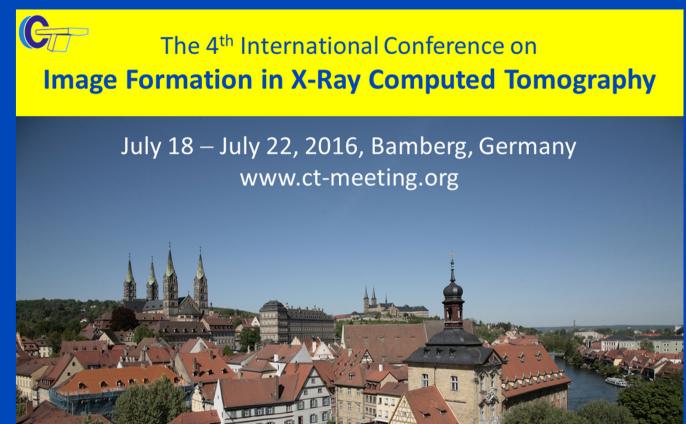


 $R = 1, \Delta r = 100\%,$ $C = 1, \Delta c = 100\%$ $r = r_{ref}$ $R = 20, \Delta r = 10\%,$ $C = 10, \Delta c = 20\%$ $r = r_{ref}$ $R = 20, \Delta r = 10\%,$ $C = 10, \Delta c = 20\%$

Biograph mMR at DKFZ, acquisition time: 5 min/bed



Thank You!



Conference Chair Marc Kachelrieß, German Cancer Research Center (DKFZ), Heidelberg, Germany

This presentation will soon be available at www.dkfz.de/ct. Parts of the reconstruction software were provided by RayConStruct[®] GmbH, Nürnberg, Germany.