# The Value of Freedom: The Dynamics between Capability and Wellbeing



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## **CONTEXT**

Measurement of value is a central aspect in economic evaluations.

Conventional measures are argued to be too narrow, as they focus on health or limitations in functioning.

The capability approach argues:

- 1. Broad scope of evaluation
- Evaluate the freedom of individuals to do or be

# **QUESTIONS**

- 1. What is capability freedom?
  - Options
  - Access
- 2. How is capability freedom related to wellbeing?

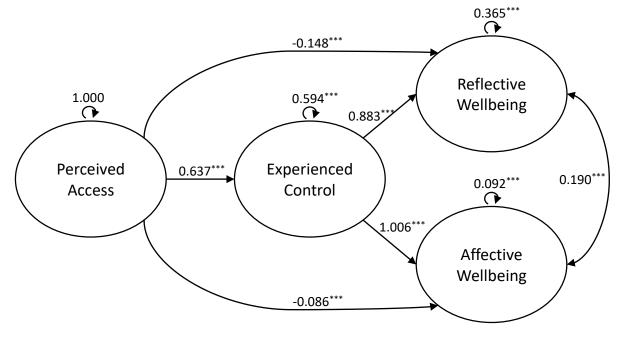
## **RESULTS**

Perceived Access: The perceived ability to utilize options

Experienced Control: The experience of agency over your own life

Reflective Wellbeing: Being satisfied with life, having a meaningful life

Affective Wellbeing: Emotional wellbeing; happiness or sadness



Linear:  $\chi^2 = 30.826.515$ , df = 1449, CFI = 0.916, RMSEA 0.054 Ordinal:  $\chi^2 = 39.578.834$ , df = 1449, CFI = 0.947, RMSEA 0.062

#### **IMPLICATIONS**

## Currently:

- Conventional measures focus on health and limitations in functioning
- Capability measures focus on the freedom of individuals to achieve things of value

#### However:

The ability of individuals to deal with limitations in freedom in order to do valuable things is currently not being measured.

## Linking freedom and wellbeing:

Future research should consider including the individuals' perceived control over access to options.